

We're Your People.

Native Ground Books & Music is a family-owned and-operated business founded in 1973 with the mission of teaching historic American music, cooking, and folklore.

A lot has changed over the past four decades, but we're still publishing lighthearted books on historic home cooking, folklore, and music (all proudly printed in the USA). We're still teaching banjo and cooking lessons in our historic log cabin at our home in beautiful Western North Carolina. We're still collecting and sharing songs and stories, and we're still jamming at fiddler's conventions.

Most importantly, we're still learning.

We're your people, and thanks to you, we're still here. Whether you've been with us since the very begining, or are just finding out about us today, we're glad to know you.

Thanks for coming along for the ride.

- Your friends at Native Ground

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Ordering Information

RETAIL ORDERS

Order online at **nativeground.com**, by phone at (800) 752-2656, or by mail using the enclosed order envelope.

Media mail shipping rates:

1-3 items \$4.50

4-7 items: \$8

Priority mail service: \$6 extra

Free shipping on retail orders over \$40 within continental US

WHOLESALE ORDERS

See enclosed price list for wholesale pricing and terms.

FREE DISPLAYS:

- * 3-Tier Display: Request a counter display that fits up to 6 titles, free with an order of 48 items.
- * Single-item display: Request a counter display that fits only The Outhouse Papers and Backpocket Bluegrass Songbook, free with an order of at least 12 of these titles.

Order by calling (800) 752-2656 or emailing info@nativeground.com. To order online, visit www.nativeground.com.

Prices subject to change without notice.

Yesterday's Kitchen & Home

From pie to bread to seasonal vegetables, we've got books to satisfy curious minds and hungry bellies! Each book is packed with recipes, folklore, humor, and a heaping scoop of historic photographs and illustrations.



By Barbara Swell

The Lost Art of Pie Making Made Easy

This witty and fun book shows you how to make a darn good pie in a jiffy! Recipes date from 1831, with many collected from 19th-century handwritten cooking journals. The Lost Art Of Pie Making is chock-full of old-time pie lore, historic recipes, and vintage photos — plus timeless advice to help you master the elusive art of tender-yet-flaky crust, host a pie contest, and more. Our all-time bestseller!

5.5" x 8.5" 72 pages. Retail Price: \$7.95 Book: NGB-838 ISBN: 9781883206420



By Barbara Swell

The 1st American Cookie Lady Recipes from a 1917 Cookie Diary

Based on the long-lost cookie diary of Anna "Cookie" Covington, who collected a whopping 221 different cookie recipes between 1917 and 1920. Barbara Swell presents Anna's recipes exactly as they were written and adds her own tips, updates, cookie trivia, and poems, in addition to more than 150 vintage photographs and illustrations.

6"x9" 152 pages. Retail Price: \$12.95 Book: NGB-839 ISBN: 9781883206499

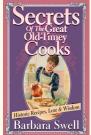


By Barbara Swell

Log Cabin Cooking Pioneer Recipes & Food Lore

Suitable for both historic hearths and modern kitchens, you'll find recipes for the make-do cooking of 150 years ago, kitchen proverbs, and even a pinch of pioneer etiquette.

5.5" x 8.5" 64 pages. Retail Price: \$7.95 Book: NGB-800 ISBN: 9781883206253



By Barbara Swell

Secrets of the Great Old-Timey Cooks Historic Recipes, Lore & Wisdom

A touching love letter to the early 20th-century mountain pioneer woman, this treasure chest of heirloom recipes, proverbs, folk remedies, and kitchen secrets was collected by culinary historian Barbara Swell from great old-timey mountain cooks born around the turn of the 20th century.

5.5" x 8.5" 72 pages. Retail Price: \$7.95 Book: NGB-830 ISBN: 9781883206376



Take Two & Butter 'Em While They're Hot! Heirloom Recipes & Kitchen Wisdom

Cook your heart out with recipes collected by Barbara Swell from her own friends and family, ranging from fried green tomatoes and holiday saffron bread to lebkuchen and apricot pie. Includes plenty of the kitchen tips, vintage photographs, and folklore that her books are famous for!

By Barbara Swell 5.5" X 8.5" 72 pages. Retail Price: \$7.95 Book: NGB-810 ISBN: 9781883206321



Picnic Time Vintage-Inspired Recipes & Handy Hints

Let's have a picnic! First we'll craft a picnic basket from vintage treasures, then we'll fill it with festive sandwiches, garden slaws, fire-roasted spreads, homemade raspberry marshmallows, and more! Lots of recipes plus helpful hints to make your picnic as easy as it is special.

By Barbara Swell 5.5" x 8.5" 72 pages. Retail Price: \$7.95 Book: NGB-850 ISBN: 9781883206642



Yesterday's Kitchen & Home

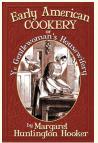


Mama's In The Kitchen Weird & Wonderful Home Cooking 1900-1950

Necessity truly is the mother of invention! Recipes and stories collected from our mothers and grandmothers as they cooked their way through world wars, food shortages, and the Great Depression.

5.5" x 8.5" 72 pages. Retail Price: \$7.95 Book: NGB-835 ISBN: 9781883206390

By Barbara Swell



Early American Cookery or Ye Gentlewoman's Housewifery

Originally published in 1896, these recipes, remedies, and household hints were collected from reliable sources dating from the mid-1700s to the mid-1800s. Written in 18th-century 'long-s' style print.

5.5" x 8.5" 260 pages. Retail Price: \$12.95 Book: NGB-840 ISBN: 9781883206505

By Margaret Huntingdon Hooker



By Barbara Swell

Old-Time Farmhouse Cooking Rural American Recipes, Wisdom & Farm Lore

Whether you are a born farmer or a country-minded city person, you'll enjoy this collection of rural American recipes, stories, jokes, advice, farm lore, and illustrations from the 1880s to the 1950s.

5.5" x 8.5" 72 pages. Retail Price: \$7.95 Book: NGB-837 ISBN: 9781883206413







By Barbara Swell

A Garden Supper Tonight A Year of Farm Fresh Recipes

Gardeners, farmer's market foodies, and old-timey cooks alike will draw inspiration and excitement throughout the year from these vintage seasonal recipes, food curiosities, and timeless advice on all things home and gardening.

6"x9" 152 pages. Retail Price: \$12.95 Book: NGB-836 ISBN: 9781883206598



By Barbara Swell

Aunt Barb's Bread Book Yesterday's Breads for Today's Kitchens

Bake up your great-grandmother's wholesome and tasty hearth-baked breads in your own kitchen to-day! You'll find oodles of recipes from 1820 through 1920, mostly cooked in cast iron, as well as period photos and bread lore. Appropriate for all skill levels.

5.5" x 8.5" 72 pages. Retail Price: \$7.95 Book: NGB-834 ISBN: 9781883206628

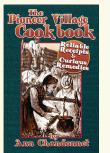


By Barbara Swell

Children at the Hearth 19th Century Cooking, Manners & Games

Eat your way back in time as you enter the world of American children as they lived 150 years ago. Sample foods, folklore, and games from the parlors of the wealthy to the cabins of the western frontier.

5.5" x 8.5" 72 pages. Retail Price: \$7.95 Book: NGB-820 ISBN: 9781883206345



By Ann Chandonett

The Pioneer Village Cookbook Reliable Recipes & Curious Remedies

Loaded with authentic pioneer recipes, historic remedies, captivating history, and vintage art, this book offers a glimpse back in time. Recipes range from Appalachian stack cake to Virginia cider-baked ham, and you'll even learn to churn your own butter!

5.5" x 8.5" 168 pages. Retail Price: \$12.95 Book: NGB-960 ISBN: 9781883206604

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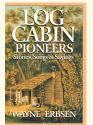
Historic Americana



Rural Roots of Bluegrass Songs, Stories & History

Packed with bluegrass history, lyrics, chords, and musical notation for 94 classic songs, plus playing tips and more than 100 vintage photographs.

6" x 9" 180 pages. Retail Price: \$14.95 Book: NGB-957 ISBN: 9781883206406 By Wayne Erbsen CD AVAILABLE (NG-CD-957). Retail Price: \$14.95



Log Cabin Pioneers Stories, Songs & Sayings

Master storyteller and music historian Wayne Erbsen intertwines his personal jorney of restoring a historic log cabin with folklore, more than 150 vintage photographs, and the music and lyrics to 19 ballads.

Book: NGB-955 ISBN: 9781883206369 By Wayne Erbsen 6" x 9" 184 pages. Retail Price: \$14.95 CD AVAILABLE (NG-CD-115). Retail Price: \$14.95



By Wayne Erbsen

Front Porch Songs, Jokes & Stories 48 Great Sing-Along Favorites

Lyrics, music in standard notation, and chords to 48 popular 19th-century songs, accompanied by jokes, stories, and photographs. Our bestselling songbook!

5.5" x 8.5" 64 pages. Retail Price: \$7.95 Book: FPS-100 ISBN: 9780962932793 CD AVAILABLE (NG-CD-007). Retail Price: \$14.95



Manners & Morals of Victorian America

This entertaining book is your gateway to the fashionable world of Victorian America. With over 400 historic illustrations, this book details virtually every aspect of Victorian life!

8" x 10" 180 pages. Retail Price: \$14.95 Book: NGB-959 ISBN: 9781883206543



Southern Mountain Classics CD 16 Great Old-Time Instrumentals

A rollicking collection of 16 classic 19th-century tunes featuring Dirk Powell, Don Pedi, and Wayne Erbsen. One of our bestselling recordings! 48 minutes.

By Wayne Erbsen CD: NG-CD-100. Retail Price: \$14.95



By Katie LaRave Waldren

By Wayne Erbsen

Cold Frosty Morning CD

12 stunning instrumentals celebrating the Christmas season, played on hammered and mountain dulcimer. Our bestselling CD! 42 minutes.

CD: NG-CD-200. Retail Price: \$14.95

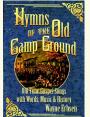
The Bluegrass Gospel Songbook



Lyrics and music in standard notation to more than 100 old-time gospel songs, peppered throughout with photos, humor, and history. Also available with a CD featuring 13 songs from the book.

9" x 12" 172 pages. Retail Price: \$19.95 Book: GOS-101. ISBN: 9781883206529 Book with CD: GOS-101A. Retail Price: \$29.95

Hymns of the Old Camp Ground Old Time Gospel Songs



This compact and affordable gospel songbook contains many of the songs (complete with lyrics, chords, and history) found in the Bluegrass Gospel Songbook, at a fraction of the price.

5.5"x 8.5" 72 pages. Retail Price: \$7.95 By Wayne Erbsen Book: GOS-102 ISBN: 9781883206567

The Outhouse Papers Country Humor & Trivia



This hilarious book is perfect for every trivia lover's 'throne room.' Flush with fun historic tidbits, you'll find moonshine tales, old-time marriage advice, cowboy cooking lingo, and much more!

4" x 9" 180 pages. Retail Price: \$11.95 Book: NGB-956 ISBN: 9781883206406

Cowboy Songs, Jokes, Lingo & Lore Songs of the Wild Frontier



Brimming with cowboy wisdom, jokes, and historic illustrations, plus the lyrics, chords, and standard notation for 30 authentic cowboy songs!

5.5" x 8.5" 64 pages. Retail Price: \$7.95 Book: NGB-400 ISBN: 9781883206042

By Wayne Erbsen

Music Instruction Books For The Complete Ignoramus!

Join the club! This bestselling series of music instruction books has helped gazillions of complete and total beginners follow their dreams and learn how to play!

Each spiral-bound book features Wayne's simple teaching method that makes learning to play music easy and FUN. Between the covers is everything you need to get started on your instrument, as well as easy tab, lyrics, and song histories, plus vintage photos.

This series is perfect for folks who have never played any kind of music before, or who could never quite figure it out. We'll get you playing lickity-split!

Each book includes a link to online audio; some books come with a CD as well.



By Wayne Erbsen

Bluegrass Banjo For The Complete Ignoramus!

America's favorite banjo book! Teaches the plain, naked melody to 23 easy bluegrass favorites and how to embellish with a variety of rolls.

9" x 12" 64 pages. Retail Price: \$22.95 Book: NGB-104 ISBN: 9781883206444



By Wayne Erbsen

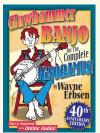
Companion to Bluegrass Banjo **NEW!** For The Complete Ignoramus!

Finally! A workbook and companion to the original 'Ignoramus.' Features fill-in-the-blank tabs to create your own arrangements, plus bonus rolls, bonus songs, and how to learn by ear.

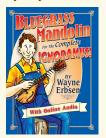
This workbook is a companion to Bluegrass Banjo for the Complete Ignoramus. It is NOT a standalone book.

9" x 12" 96 pages. Retail Price: \$22.95 Book: NGB-1041 ISBN: 9781883206857

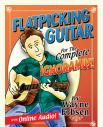
Purchase the original Bluegrass Banjo Ignoramus and this new Companion as a set! NGB-1042, \$39.95



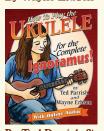
By Wayne Erbsen



By Wayne Erbsen



By Wayne Erbsen



By Ted Parrish & Wayne Erbsen



By Wayne Erbsen

Clawhammer Banjo For The Complete Ignoramus!

It doesn't get any easier than this. You'll find friendly, clear, and simple instructions so that you can learn to play 31 old-time classics from the ground up.

9" x 12" 64 pages. Retail Price: \$22.95 Book: NGB-103 ISBN: 9781883206437

Bluegrass Mandolin For The Complete Ignoramus!

Learn mandolin from scratch! With Wayne's simple methods, you'll learn how to play the melody and chords — and even improvise — on 27 bluegrass favorites.

9" x 12" 80 pages. Retail Price: \$22.95 Book: NGB-107 ISBN: 9781883206550

Flatpicking Guitar For The Complete Ignoramus!

This FUN instruction book will get you playing old-time and bluegrass guitar in no time flat! You'll learn both chords and melody to 40 songs.

9" x 12" 80 pages. Retail Price: \$22.95 Book: NGB-106 ISBN: 97818832064581

Ukulele For The Complete Ignoramus!

Learning the uke has never been easier! You'll learn how to play the melody and backup to 37 folk, swing, Hawaiian, and gospel favorites.

9" x 12" 104 pages. Retail Price: \$22.95 Book: NGB-109 ISBN: 9781883206987

Old-Time Fiddle For The Complete Ignoramus!

Learn fiddle painlessly! Wayne walks you through every step of holding, tuning, and playing the fiddle, and you'll learn 37 easy songs. Includes both tab and standard notation.

9" x 12" 80 pages. Retail Price: \$22.95 Book: NGB-105 ISBN: 9781883206482

Music Instruction Books

Learning music has never been easier! Our music instruction books for complete beginners are guaranteed to get you pickin', even if you have never played an instrument before.

NOTE: All of our books come with a link to online audio, but some still come with CDs as well.



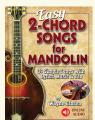
By Ted Parrish & Wayne Erbsen

Painless Guitar

A Fun & Easy Guide for the Complete Beginner

Written for the absolute novice, *Painless Guitar* is a low-priced book packed with tips, chord charts, and simple tab. Featuring 31 fun and familiar folk songs you can practice while gaining confidence.

8.5" x 11" 48 pages, perfect-bound. Retail Price: \$14.95 Book: NGB-306, ISBN: 9781883206819

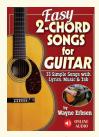


By Wayne Erbsen

Easy 2-Chord Songs For Mandolin

If you want to play the mandolin, but don't want to play a zillion chords, we have you covered! Includes chords, tabs, standard notation, and lyrics to 31 familiar bluegrass, old-time and folk songs.

9" x 12" 96 pages, spiral-bound. Retail Price: \$22.95 Book: NGB-407, ISBN: 9781883206741



By Wayne Erbsen

Easy 2-Chord Songs For Guitar

There's no need to use a million chords if you want to play bluegrass, old-time, or folk guitar. With this fun book, you can play songs using only two chords! Includes 1-, 2-, and 3-finger chords and 4 different strum styles, plus music, tab, and lyrics to 31 of your favorites.

9" x 12" 96 pages, spiral-bound. Retail Price: \$22.95 Book: NGB-408, ISBN: 9781883206772

Jamming Instruction Books Tips, Tunes & Techniques

This FUN series by Wayne Erbsen will have beginning and intermediate players jamming up a storm in no time! Includes painless music theory, plus tips on improvising and how to make up your own licks. Each book features our easy-to-play tab for jam favorites, plus a link to online audio.



By Ted Parrish & Wayne Erbsen

Ukulele Tunes, Tips & Jamming NEW!

This all-levels book includes tab, tips, online audio and lyrics to 39 great folk, old-time, bluegrass, blues, swing and vintage pop standards.

Comes with links to online video AND audio!

9"x 12" 84 pages, spiral-bound. Retail Price: \$22.95 Book: NGB-209, ISBN: 97818832068963



By Wayne Erbsen

Clawhammer Banjo Tunes, Tips & Jamming

Suitable for a wide range of experience levels, Clawhammer Banjo includes tab and lyrics to more than 40 old-time banjo tunes, as well as tips on jamming, improvising, and the art of 'faking it'!

9" x 12" 120 pages, spiral-bound. Retail Price: \$24.95 Book: NGB-203, ISBN: 9781883206994



By Wayne Erbsen

Bluegrass Jamming on Banjo

Includes: Jamology 101, Chunking & Cruising on the Banjo, Playing by Ear, Starting Your Break, New Rolls, and Your Burning Questions, plus tabs to 31 bluegrass favorites. Note: Comes with MP3 CD and link to online audio.

9" x 12" 112 pages, spiral-bound. Retail Price: \$24.95 Book: NGB-204, ISBN: 9781883206659

Music & Cooking Resources

We have TONS of great resources at www.nativeground.com to help you learn to play music and cook up some tasty treats... and most of them are FREE!

As always, you can always call us at (800)752-2656 if you need help with your pie crust, banjo licks, or maybe even if your outhouse won't flush!

Free Online Audio for the Music Instruction Books

www.nativeground.com/audio

We've been publishing books for decades, and how we listen to music has changed since then... our first books came with vinyl records! To suit modern needs, we've moved to having all of our audio available online. You can choose to download or stream it.

Free Video Lessons for Stringed Instruments

www.nativeground.com/video-lessons

There are a ton of free videos up on our website geared towards fiddle, mandolin, guitar, banjo and ukulele. You'll find everything from how to turn your banjo to how to play loads of your favorite songs!

Free Music Tab, Lyrics & Song Histories

www.nativeground.com/blog www.nativeground.com/tabs

Our Log Cabin Music blog is a great resource for any aspiring (or experienced) musician! You'll find the history, lyrics and tabs for hundreds of songs, sneak peaks of new books, and sometimes you'll even get to read about our lives in our mountaintop log cabin.

We also have a page on our website dedicated just to music tab - if you play banjo, fiddle, guitar or mandolin, you should also check out the second link!

Free Newsletter

www.nativeground.com/subscribe-to-our-newsletter

We send out an occasional (every 1-3 months) newsletter to our retail customers with discount codes, free tab, free recipes, news in the old-time world, and updates from our log cabin homestead. We'd love for you to join us!

Free Recipes

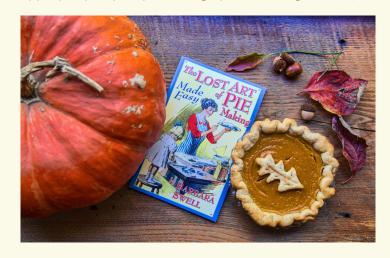
www.nativeground.com/recipes www.logcabincooking.com

There are some of our favorite old-timey recipes from our cookbooks on our website (check out the first link), and our cookbook author Barbara Swell has her own blog over at Log Cabin Cooking!

Online Classes for Music & Cooking

www.nativeground.com/classes

We run affordable (and free) classes on the Crowdcast platform for music classes as well as cooking classes from our best-selling authors! You can take the posted classes at any time. Class topics include pie crust, apple pie, pumpkin pie, tuning tips, and bluegrass banjo.



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SINCE 1973

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THIS CATALOG (AS WELL AS ALL OUR BOOKS) PROUDLY PRINTED IN THE USA PLEASE PASS ALONG TO A FRIEND OR RECYCLE!