

# NATIVE GROUND



## BOOKS & MUSIC

SINCE 1973

A catalog of  
historic home cooking,  
folklore & music



2020-2022

# We're Your People.

**Native Ground Books & Music** is a family-owned and-operated business founded in 1973 with the mission of teaching historic American music, cooking, and folklore.

A lot has changed over the past four decades, but we're still publishing lighthearted books on historic home cooking, folklore, and music (all proudly printed in the USA). We're still teaching banjo and cooking lessons in our historic log cabin at our home in beautiful Western North Carolina. We're still collecting and sharing songs and stories, and we're still jamming at fiddler's conventions.

Most importantly, **we're still learning.**

**We're your people**, and thanks to you, we're still here. Whether you've been with us since the very beginning, or are just finding out about us today, we're glad to know you.

Thanks for coming along for the ride.

- Your friends at Native Ground



# What's Inside:

## **Yesterday's Kitchen & Home 4-7**

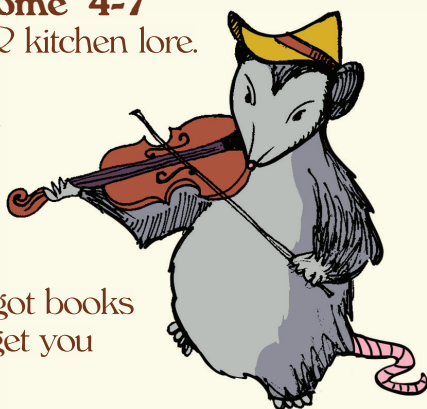
Vintage recipes, garden tips & kitchen lore.

## **Historic Americana 8-11**

Log cabins, bluegrass, gospel, railroad & Civil War.

## **Music Instruction 12-15**

From banjo to ukelele, we've got books aplenty with tunes & tips to get you jamming in no time!



# Ordering Information

## **RETAIL ORDERS**

Order online at **nativeground.com**, by phone at (800) 752-2656, or by mail using the enclosed order envelope.

Media mail shipping rates:

1-3 items \$3.85

4-7 items: \$6

Priority mail service: \$4 extra

Free shipping on orders over \$25

## **WHOLESALE ORDERS**

See enclosed price list for wholesale pricing and terms.

**FREE STUFF:**

- \* CD demo: Request a CD demo for in-store play, free with an order of at least 6 of one title
- \* 3-Tier Displays: Request a counter display that fits up to 6 titles, free with an order of 48+ items.
- \* Single-item display: Request a counter display that fits only *The Outhouse Papers* and *Backpocket Bluegrass Songbook*, free with an order of at least 12 of these titles.

Order by calling (800) 752-2656 or emailing [info@nativeground.com](mailto:info@nativeground.com). To order online, visit **www.nativeground.com**.

Prices subject to change without notice.

# Yesterday's Kitchen & Home

From pie to bread to seasonal vegetables, we've got books to satisfy curious minds and hungry bellies! Each book is packed with recipes, folklore, humor, and a heaping scoop of historic photographs and illustrations.

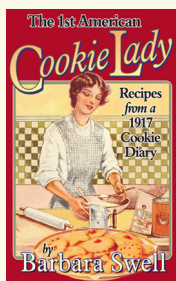


By Barbara Swell

## **The Lost Art of Pie Making Made Easy**

This witty and fun book shows you how to make a darn good pie in a jiffy! Recipes date from 1831, with many collected from 19th-century handwritten cooking journals. *The Lost Art Of Pie Making* is chock-full of old-time pie lore, historic recipes, and vintage photos — plus timeless advice to help you master the elusive art of tender-yet-flaky crust, host a pie contest, and more. Our all-time bestseller!

5.5" x 8.5" 72 pages. Retail Price: \$6.95  
Book: NGB-838 ISBN: 9781883206420

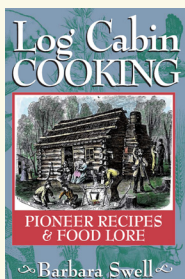


By Barbara Swell

## **The 1st American Cookie Lady Recipes from a 1917 Cookie Diary**

Based on the long-lost cookie diary of Anna "Cookie" Covington, who collected a whopping 221 different cookie recipes between 1917 and 1920. Barbara Swell presents Anna's recipes exactly as they were written and adds her own tips, updates, cookie trivia, and poems, in addition to more than 150 vintage photographs and illustrations.

6"x9" 152 pages. Retail Price: \$12.95  
Book: NGB-839 ISBN: 9781883206499



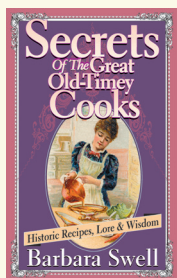
By Barbara Swell

## **Log Cabin Cooking Pioneer Recipes & Food Lore**

Suitable for both historic hearths and modern kitchens, you'll find recipes for the make-do cooking of 150 years ago, kitchen proverbs, and even a pinch of pioneer etiquette.

5.5" x 8.5" 64 pages. Retail Price: \$6.95  
Book: NGB-800 ISBN: 9781883206253





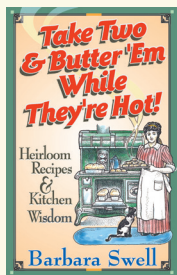
By Barbara Swell

## Secrets of the Great Old-Timey Cooks Historic Recipes, Lore & Wisdom

A touching love letter to the early 20th-century mountain pioneer woman, this treasure chest of heirloom recipes, proverbs, folk remedies, and kitchen secrets was collected by culinary historian Barbara Swell from great old-timey mountain cooks born around the turn of the 20th century.

5.5" x 8.5" 72 pages. Retail Price: \$6.95

Book: NGB-830 ISBN: 9781883206376



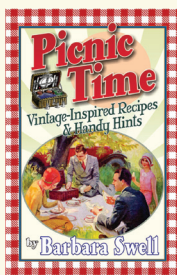
By Barbara Swell

## Take Two & Butter 'Em While They're Hot! Heirloom Recipes & Kitchen Wisdom

Cook your heart out with recipes collected by Barbara Swell from her own friends and family, ranging from fried green tomatoes and holiday saffron bread to lebkuchen and apricot pie. Includes plenty of the kitchen tips, vintage photographs, and folklore that her books are famous for!

5.5" x 8.5" 72 pages. Retail Price: \$6.95

Book: NGB-810 ISBN: 9781883206321



By Barbara Swell

## Picnic Time Vintage-Inspired Recipes & Handy Hints

Let's have a picnic! First we'll craft a picnic basket from vintage treasures, then we'll fill it with festive sandwiches, garden slaws, fire-roasted spreads, homemade raspberry marshmallows, and more! Lots of recipes plus helpful hints to make your picnic as easy as it is special.

5.5" x 8.5" 72 pages. Retail Price: \$6.95

Book: NGB-850 ISBN: 9781883206642



# Yesterday's Kitchen & Home



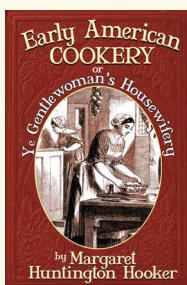
By Barbara Swell

## Mama's In The Kitchen

### Weird & Wonderful Home Cooking 1900-1950

Necessity truly is the mother of invention! Recipes and stories collected from our mothers and grandmothers as they cooked their way through world wars, food shortages, and the Great Depression.

5.5" x 8.5" 72 pages. Retail Price: \$6.95  
Book: NGB-835 ISBN: 9781883206390



By Margaret  
Huntingdon Hooker

## Early American Cookery

### or Ye Gentlewoman's Housewifery

Originally published in 1896, these recipes, remedies, and household hints were collected from reliable sources dating from the mid-1700s to the mid-1800s. Written in 18th-century 'long-s' style print.

5.5" x 8.5" 260 pages. Retail Price: \$12.95  
Book: NGB-840 ISBN: 9781883206505



By Barbara Swell

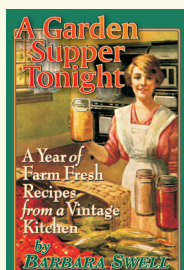
## Old-Time Farmhouse Cooking

### Rural American Recipes, Wisdom & Farm Lore

Whether you are a born farmer or a country-minded city person, you'll enjoy this collection of rural American recipes, stories, jokes, advice, farm lore, and illustrations from the 1880s to the 1950s.

5.5" x 8.5" 72 pages. Retail Price: \$6.95  
Book: NGB-837 ISBN: 9781883206413



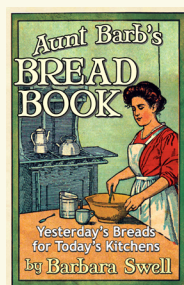


By Barbara Swell

## **A Garden Supper Tonight** **A Year of Farm Fresh Recipes**

Gardeners, farmer's market foodies, and old-timey cooks alike will draw inspiration and excitement throughout the year from these vintage seasonal recipes, food curiosities, and timeless advice on all things home and gardening.

6"x9" 152 pages. Retail Price: \$12.95  
Book: NGB-836 ISBN: 9781883206598



By Barbara Swell

## **Aunt Barb's Bread Book** **Yesterday's Breads for Today's Kitchens**

Bake up your great-grandmother's wholesome and tasty hearth-baked breads in your own kitchen today! You'll find oodles of recipes from 1820 through 1920, mostly cooked in cast iron, as well as period photos and bread lore. Appropriate for all skill levels.

5.5" x 8.5" 72 pages. Retail Price: \$6.95  
Book: NGB-834 ISBN: 9781883206628

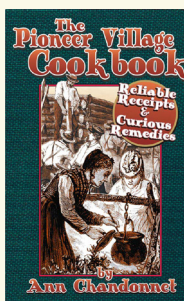


By Barbara Swell

## **Children at the Hearth** **19th Century Cooking, Manners & Games**

Eat your way back in time as you enter the world of American children as they lived 150 years ago. Sample foods, folklore, and games from the parlors of the wealthy to the cabins of the western frontier.

5.5" x 8.5" 72 pages. Retail Price: \$6.95  
Book: NGB-820 ISBN: 9781883206345

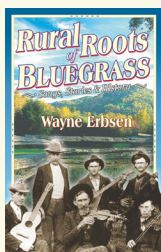


## **The Pioneer Village Cookbook** **Reliable Recipes & Curious Remedies**

Loaded with authentic pioneer recipes, historic remedies, captivating history, and vintage art, this book offers a glimpse back in time. Recipes range from Appalachian stack cake to Virginia cider-baked ham, and you'll even learn to churn your own butter!

5.5" x 8.5" 168 pages. Retail Price: \$12.95  
Book: NGB-960 ISBN: 9781883206604

# Historic Americana



By Wayne Erbsen

## Rural Roots of Bluegrass Songs, Stories & History

Packed with bluegrass history, lyrics, chords, and musical notation for 94 classic songs, plus playing tips and more than 100 vintage photographs.

6" x 9" 180 pages. Retail Price: \$14.95  
Book: NGB-957 ISBN: 9781883206406

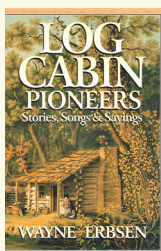


By Wayne Erbsen  
& Laura Boosinger

## Rural Roots of Bluegrass CD

The crystal-clear voice of Laura Boosinger, accompanied by the banjo, mandolin, and fiddle wizardry of Wayne Erbsen. 13 vocals, 2 instrumentals. 54 minutes.

CD: NG-CD-957. Retail Price: \$14.95

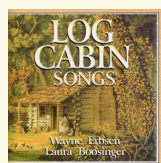


By Wayne Erbsen

## Log Cabin Pioneers Stories, Songs & Sayings

Master storyteller and music historian Wayne Erbsen intertwines his personal journey of restoring a historic log cabin with folklore, more than 150 vintage photographs, and the music and lyrics to 19 ballads.

6" x 9" 184 pages. Retail Price: \$14.95  
Book: NGB-955 ISBN: 9781883206369

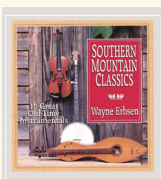


By Wayne Erbsen  
& Laura Boosinger

## Log Cabin Pioneers CD

Wayne Erbsen and Laura Boosinger create magic with their old-time harmonies on these dance tunes and pioneer ballads. 10 vocals, 6 instrumentals. 48 minutes.

CD: NG-CD-115. Retail Price: \$14.95



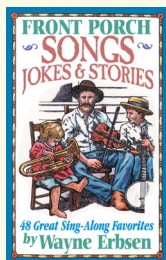
By Wayne Erbsen

## Southern Mountain Classics CD 16 Great Old-Time Instrumentals

A rollicking collection of 16 classic 19th-century tunes featuring Dirk Powell, Don Pedi, and Wayne Erbsen. One of our bestselling recordings! 48 minutes.

CD: NG-CD-100. Retail Price: \$14.95



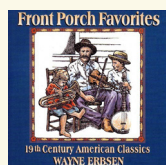


By Wayne Erbsen

## Front Porch Songs, Jokes & Stories 48 Great Sing-Along Favorites

Lyrics, music in standard notation, and chords to 48 popular 19th-century songs, accompanied by jokes, stories, and photographs. Our bestselling songbook!

5.5" x 8.5" 64 pages. Retail Price: \$6.95  
Book: FPS-100 ISBN: 9780962932793



By Wayne Erbsen

## Front Porch Favorites CD 19th Century American Classics

17 instrumental tracks played on banjo, fiddle, guitar, jawharp, washboard, spoons, hambone, mandolin, and feet. 55 minutes.

CD: NG-CD-007. Retail Price: \$14.95

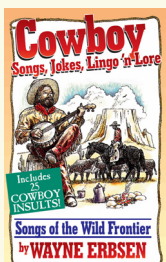


By Wayne Erbsen

## The Outhouse Papers Country Humor & Trivia

This hilarious book is perfect for every trivia lover's 'throne room.' Flush with fun historic tidbits, you'll find moonshine tales, old-time marriage advice, cowboy cooking lingo, and much more!

4" x 9" 180 pages. Retail Price: \$9.95  
Book: NGB-957 ISBN: 9781883206406

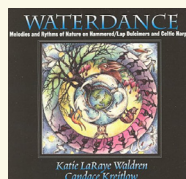


By Wayne Erbsen

## Cowboy Songs, Jokes, Lingo & Lore Songs of the Wild Frontier

Brimming with cowboy wisdom, jokes, and historic illustrations, plus the lyrics, chords, and standard notation for 30 authentic cowboy songs!

5.5" x 8.5" 64 pages. Retail Price: \$6.95  
Book: NGB-400 ISBN: 9781883206042



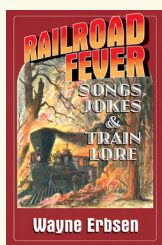
By Katie LaRaye  
Waldren &  
Candace Kreitlow

## Waterdance Melodies on Dulcimer & Celtic Harp

Elegantly energetic Irish jigs and Gaelic melodies, played by Katie LaRaye Waldren and Candace Kreitlow on mountain and lap dulcimers and Celtic harp. 18 instrumental tracks. 59 minutes.

CD: NG-CD-222. Retail Price: \$14.95

# Historic Americana

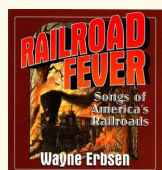


By Wayne Erbsen

## **Railroad Fever Songs, Jokes & Train Lore**

A whole trainload of legends, lore, trivia, and jokes, plus melodies, chords, lyrics, and history for 16 classic railroad songs, accompanied by plenty of photographs and illustrations.

5.5" x 8.5" 64 pages. Retail Price: \$6.95  
Book: NGB-930 ISBN: 9781883206314

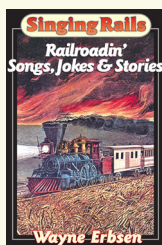


By Wayne Erbsen

## **Railroad Fever CD Songs of America's Railroads**

Wayne Erbsen sings and plays 14 classic railroad songs from the *Railroad Fever* songbook that will transport you back in time to the smoke and fire of the railroadin' days. 14 vocals, 49 minutes.

CD: NG-CD-930. Retail Price: \$14.95

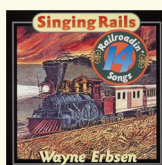


By Wayne Erbsen

## **Singing Rails Railroadin' Songs, Jokes & Stories**

Melodies, chords, lyrics, and history for 28 classic railroad singalongs, plus supersititions, tall tales, ghost stories, and historic photographs and illustrations!

5.5" x 8.5" 68 pages. Retail Price: \$6.95  
Book: NGB-900 ISBN: 9781883206260

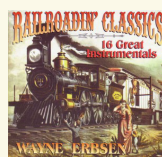


By Wayne Erbsen

## **Singing Rails CD 14 Railroadin' Songs**

A talented lineup of traditional musicians play 14 of the well-loved songs from the *Singing Rails* songbook. 12 vocals, 2 instrumentals. 40 minutes.

CD: NG-CD-910. Retail Price: \$14.95



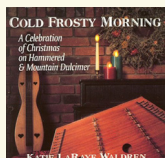
By Wayne Erbsen

## **Railroadin' Classics CD 16 Great Instrumentals**

This rollicking collection of old-time railroad instrumentals played on banjo, banjo-guitar, banjo-mandolin, dobro, harmonica, jawharp, kazoo, bones, spoons, washboard, and bass is sure to become one of your favorites! 45 minutes.

CD: NG-CD-920. Retail Price: \$14.95



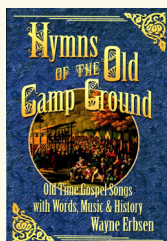


**By Katie LaRaye Waldren**

## **Cold Frosty Morning CD** **A Celebration of Christmas on Hammered & Mountain Dulcimer**

12 stunning instrumentals celebrating the Christmas season, played on hammered and mountain dulcimer. Our bestselling CD! 42 minutes.

CD: NG-CD-200. Retail Price: \$14.95



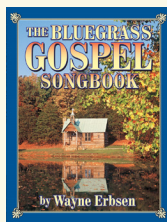
**By Wayne Erbsen**

## **Hymns of the Old Camp Ground** **Old Time Gospel Songs**

This compact and affordable gospel songbook contains many of the songs (complete with lyrics, chords, and history) found in the *Bluegrass Gospel Songbook*, at a fraction of the price.

5.5" x 8.5" 72 pages. Retail Price: \$6.95

Book: GOS-102 ISBN: 9781883206567



**By Wayne Erbsen**

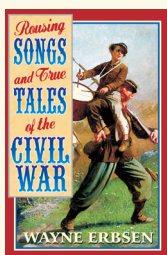
## **The Bluegrass Gospel Songbook**

Lyrics and music in standard notation to more than 100 old-time gospel songs, peppered throughout with photos, humor, and history. Also available with a CD (*Old-Time Gospel Favorites*) featuring 13 songs from the book.

9" x 12" 172 pages. ISBN: 9781883206529

Book: GOS-101. Retail Price: \$19.95

Book with CD: GOS-101A. Retail Price: \$29.95



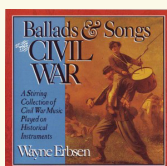
**By Wayne Erbsen**

## **Rousing Songs of the Civil War**

Packed with history, stories, and trivia, this book contains the lyrics and music to 21 Civil War songs, plus more than 100 Civil War photographs and illustrations.

5.5" x 8.5" 72 pages. Retail Price: \$6.95

Book: NGB-950 ISBN: 9781883206338



**By Wayne Erbsen**

## **Ballads & Songs of the Civil War CD** **A Stirring Collection**

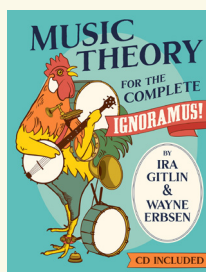
14 authentic Civil War songs, performed by Wayne Erbsen, Bucky Hanks, Bob Willoughby, and Grammy Award-winner David Holt. 12 vocals, 2 instrumentals. 50 minutes.

CD: NG-CD-004. Retail Price: \$14.95

# Music Instruction Book & CD Sets

## For The Complete Ignoramus!

Join the club! This bestselling series of music instruction books has helped gazillions of complete and total beginners follow their dreams and learn how to play! Each spiral-bound book features Wayne's simple teaching method that makes learning to play music easy and FUN. Between the covers is everything you need to get started on your instrument, as well as easy tab, lyrics, and song histories, plus vintage photos. Each book includes an instructional audio CD, as well as a link to online audio.



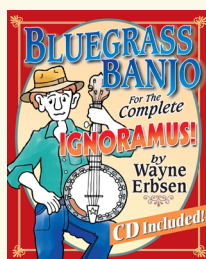
By Ira Gitlin &  
Wayne Erbsen

### Music Theory For The Complete Ignoramus!

**NEW!**

Have no fear, an easy music theory book is finally here! Learn the basics of what makes music sound good, as well as tips to apply to your own playing. Great for all levels!

9" x 12" 96 pages. Retail Price: \$22.95  
Book & CD set: NGB-101 ISBN: 9781883206871

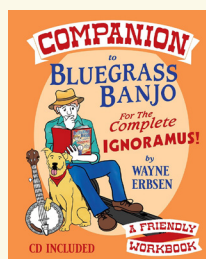


By Wayne Erbsen

### Bluegrass Banjo For The Complete Ignoramus!

America's favorite banjo book! Teaches the plain, naked melody to 23 easy bluegrass favorites and how to embellish with a variety of rolls.

9" x 12" 64 pages. Retail Price: \$22.95  
Book & CD set: NGB-104 ISBN: 9781883206444



By Wayne Erbsen

### Companion to Bluegrass Banjo For The Complete Ignoramus!

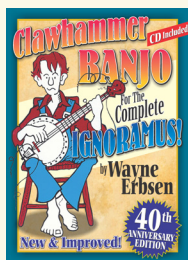
**NEW!**

Finally! A workbook and companion to the original 'Ignoramus.' Features fill-in-the-blank tabs to create your own arrangements, plus bonus rolls, bonus songs, and how to learn by ear.

This workbook is a companion to *Bluegrass Banjo* for the *Complete Ignoramus*. **It is NOT a standalone book.**

9" x 12" 96 pages. Retail Price: \$22.95  
Book & CD set: NGB-1041 ISBN: 9781883206857

**Purchase the original *Bluegrass Banjo Ignoramus* and this new *Companion* as a set! NGB-1042, \$39.95**

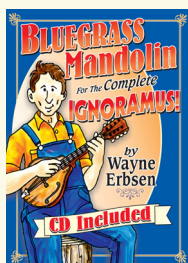


By Wayne Erbsen

## Clawhammer Banjo For The Complete Ignoramus!

It doesn't get any easier than this. You'll find friendly, clear, and simple instructions so that you can learn to play 31 old-time classics from the ground up.

9" x 12" 64 pages. Retail Price: \$22.95  
Book & CD set: NGB-103 ISBN: 9781883206437

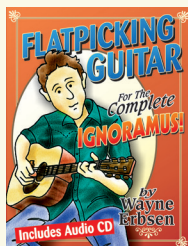


By Wayne Erbsen

## Bluegrass Mandolin For The Complete Ignoramus!

Learn mandolin from scratch! With Wayne's simple methods, you'll learn how to play the melody and chords — and even improvise — on 27 bluegrass favorites.

9" x 12" 80 pages. Retail Price: \$22.95  
Book & CD set: NGB-107 ISBN: 9781883206550

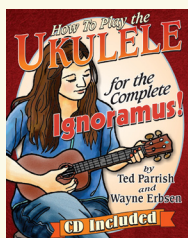


By Wayne Erbsen

## Flatpicking Guitar For The Complete Ignoramus!

This FUN instruction book will get you playing old-time and bluegrass guitar in no time flat! You'll learn both chords and melody to 40 songs.

9" x 12" 80 pages. Retail Price: \$22.95  
Book & CD set: NGB-106 ISBN: 9781883206458

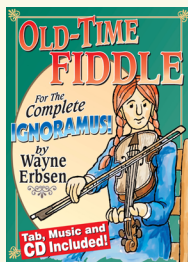


By Ted Parrish & Wayne Erbsen

## Ukelele For The Complete Ignoramus!

Learning the uke has never been easier! You'll learn how to play the melody and backup to 37 folk, swing, Hawaiian, and gospel favorites.

9" x 12" 104 pages. Retail Price: \$22.95  
Book & CD set: NGB-109 ISBN: 9781883206987



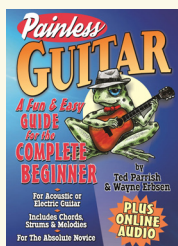
By Wayne Erbsen

## Old-Time Fiddle For The Complete Ignoramus!

Learn fiddle painlessly! Wayne walks you through every step of holding, tuning, and playing the fiddle, and you'll learn 37 easy songs. Includes both tab and standard notation.

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# Music Instruction

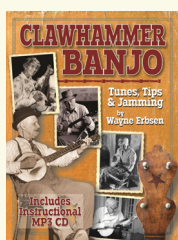


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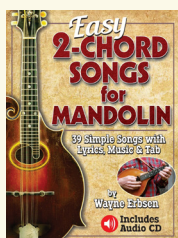


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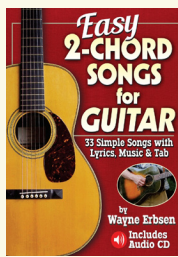
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## **Easy 2-Chord Songs For Mandolin**

If you want to play the mandolin, but don't want to play a zillion chords, we have you covered! Includes chords, tabs, standard notation, and lyrics to 31 familiar bluegrass, old-time and folk songs.

9" x 12" 96 pages, spiral-bound. Retail Price: \$22.95  
Book & CD set: NGB-407 ISBN: 9781883206741



## **Easy 2-Chord Songs For Guitar**

There's no need to use a million chords if you want to play bluegrass, old-time, or folk guitar. With this fun book, you can play songs using only two chords! Includes 1-, 2-, and 3-finger chords and 4 different strum styles, plus music, tab, and lyrics to 31 of your favorites.

9" x 12" 96 pages, spiral-bound. Retail Price: \$22.95  
Book & CD set: NGB-408 ISBN: 9781883206772

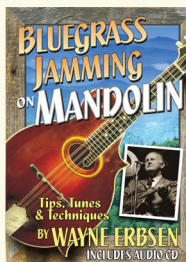
**14 \*\*ALL music books include a link to online audio\*\***



# Bluegrass Jamming Instruction Books

## Tips, Tunes & Techniques

This FUN series by Wayne Erbsen will have beginning and intermediate players jamming up a storm in no time! Includes painless music theory, plus tips on improvising and how to make up your own licks. Each book features Wayne's easy-to-play tab for 31 bluegrass jam favorites, plus an instructional CD and a link to online audio.



By Wayne Erbsen

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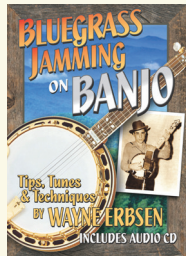
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Book & CD set: NGB-207

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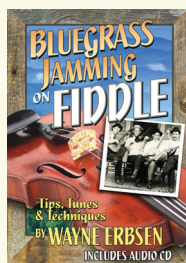
By Wayne Erbsen

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Includes: Jamology 101, Chunking & Cruising on the Banjo, Playing by Ear, Starting Your Break, New Rolls, and Your Burning Questions, plus tabs to 31 bluegrass favorites. Note: Comes with MP3 CD. A 2-disc audio CD is available upon request.

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Book & CD set: NGB-204 ISBN: 9781883206659



By Wayne Erbsen

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