

Yesterday's Kitchen & Home.

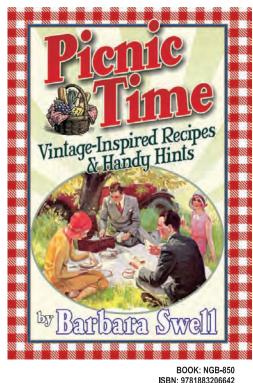
Can you stay for supper?

Pull up a chair! The apple pie in the oven is brown and bubbly, and there's a pot of stew simmering on the wood cookstove. While you're waiting, why don't you take a peek at these cookbooks?

OUR NEWEST COOKBOOK:

Picnic Time

Vintage-Inspired Recipes & Handy Hints



by Barbara Swell

Let's have a picnic! First, we'll craft a picnic basket from vintage treasures and fill it with classic and creative picnic fare. Then we're off to backyard, forest, roadside or campfire to enjoy festive sandwiches, garden slaws, fire roasted spreads, homemade raspberry marshmallows and more. Make a tin-can hobo stove, learn about roasting hot dogs on a nifty 1924 Model-T Ford exhaust manifold cooker and discover helpful hints to make your picnic special and easy!

Old-Time Farmhouse Cooking Rural American Recipes, Wisdom & Farm Lore



Climb down off your tractor and dig into some oldfashioned, farm-fresh comfort food! Whether you're a born farmer, or a country-minded city person, you'll enjoy these creative rural American recipes. These recipes, stories, jokes, advice, farm lore, and illustrations were collected from the 1880s to the 1950s. 5 1/2" x 8 1/2", 72 pages.

by Barbara Swell

BOOK: NGB-837 ISBN: 9781883206413

A Garden Supper Tonight

A Year of Farm Fresh Recipes from a Vintage Kitchen

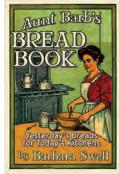


by Barbara Swell

Get ready for a garden feast! We'll have the same in-season supper our great grandmothers fixed back in 1895 when food was food raised close to home and made from scratch, A Garden Supper Tonight contains vintage seasonal recipes by month, food curiosities, and timeless advice on all things home and gardening. 6" x 9", 152 pages.

BOOK: NGB-836 ISBN: 9781883206598

The Pioneer Village Cookbook **Reliable Receipts & Curious Remedies**



by Barbara Swell

Bake up your great grandmother's wholesome, tasty hearth-baked breads in your own kitchen today! Recipes from 1820 through 1920 include harvest bread, whole-grain little gem breads, oat sandwich loaf, buttermilk loaves, and lots more, Aunt Barb's Bread Book contains oodles of period photos and bread-lore and is appropriate for all skill levels. 5 1/2" x 8 1/2", 72 pages.

BOOK: NGB-834 ISBN: 9781883206628

Aunt Barb's Bread Book

Yesterday's Breads for Today's Kitchens

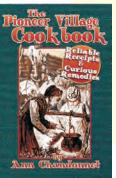
Log Cabin Cooking **Pioneer Recipes & Food Lore**



BOOK: NGB-800 ISBN: 9781883206253

by Barbara Swell

Peppered with authentic 19th century photographs, this cookbook is smothered with oldtimey recipes, kitchen proverbs, even a pinch of proper pioneer etiquette! Make-do cooking recipes include Leather Britches, Ash Cake and Portable Soup, using ingredients available to settlers 150 years ago! Other goodies: hand-dipped candle making, soup warnings, molasses taffy, zucchini clarinets and ginger beer! 5 1/2" x 8 1/2", 64 pages.



ISBN: 9781883206604

by Ann Chandonnet

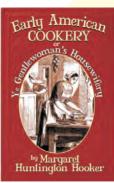
Step into our log cabin village and sample some authentic pioneer cooking! Recipes range from Chisholm Trail Chili to Appalachian Stack Cake and Grandma Cody's Applesauce Cookies. If pioneer life has left you bruised and battered, we've included some curious remedies and questionable cure-alls. This book is loaded with captivating history, recipes, vintage art and photos and much more! 5 1/2" x 8 1/2", 168 pages.



BOOK: NGB-960



Early American Cookery or Ye Gentlewomen's Housewifery



by Margaret Hooker

This amazing piece of history was originally published in 1896. Determined to preserve American colonial cooking, Margaret Hooker collected quaint and curious recipes and remedies that appear to have come from old and reliable sources ranging from the mid 1700s to the mid 1800s. This fun book includes recipes, beauty secrets, etiquette, and household hints, written in 18th century 'long S'style print. 5 1/2" x 8 1/2", 260 pp.

Children at the Hearth

BOOK: NGB-840

ISBN: 9781883206505

19th Century Cooking, Manners & Games

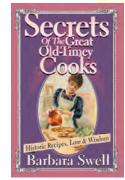


by Barbara Swell Eat your way back in time and

enter the world of American children as they lived 150 years ago. Sample foods, folklore and games found in the parlors of the wealthy, the boarding houses of the working class, and the cabins on the western frontier. Includes over 60 vintage photos plus historic recipes like cathead biscuits, sugar plums and hobo mulligan stew. 5 1/2" x 8 1/2", 72 pages.

BOOK: NGB-820 ISBN: 9781883206345

Secrets of the Great Old-Timey Cooks Historic Recipes, Lore & Wisdom



by Barbara Swell

Reminisce about a simpler time as four 20th century mountain pioneer women share their cooking secrets. These great oldtimey cooks stir in their own wisdom and tales of growing up on rural farms, where they prepared delicious meals by lantern light on wood cookstoves Included are heirloom recipes. proverbs, folk remedies, vintage photos, and lots of stories. 5 1/2" x 8 1/2", 72 pages.

BOOK · NGB-830 ISBN: 9781883206376

BOOK: NGB-835 ISBN: 9781883206390

Made

Easy

Mama's In The Kitchen Weird & Wonderful Home Cooking 1900-1950



5 1/2" x 8 1/2", 72 pages.

"A fascinating compilation of recipes, history, lore and humor. The author recreates the pioneer kitchen, its equipment, ingredients and outlook" - Cookbooks Select

Take Two & Butter 'Em While They're Hot! Heirloom Recipes & Kitchen Wisdom

Take Two Kitchen Barbara Swell,

Cook your heart out with generations of hand-me-down recipes and food lore! Barbara Swell has whisked up weather and cooking folklore, food insults, old-timey home remedies, vintage photos, romance superstitions, hearth crafts and 19th century chores. Learn to whip up Brunswick stew, chili corn pone pie, and apricot strudel. 5 1/2" x 8 1/2", 72 pages.

by Barbara Swell

BOOK: NGB-810 ISBN: 9781883206321

Save room for dessert!

by Barbara Swell

Mama's in the Kitchen simply

the stories and recipes of our

mothers and grandmothers as

food shortages and the Great

they cooked through world wars.

Depression, Sample everything

from the wonderful, like chicken

pie and riz biscuits, to the weird

and wiggly foods of the 1950's.

screams NOSTALGIA! Here are

The Lost Art of Pie Making Made Easv

by Barbara Swell

TheLOSTAR Come home to pie! This witty and fun book shows you how to make a darn good pie in a jiffy. Recipes date from 1831, with many from 19th century handwritten cooking journals. Includes old-time pie lore, pie insults, how to host your own pie contest, vintage photos, historic recipes, how to make a tender-yet-flaky pie crust and more. Our all-time best seller! 5 1/2" x 8 1/2", 72 pages.



The 1st American Recipes

BOOK: NGB-839 ISBN: 9781883206499

The 1st American Cookie Lady **Recipes from a 1917 Cookie Diary** by Barbara Swell

> The 1st American Cookie Lady is based on the long-lost cookie diary of Anna "Cookie" Covington, who recorded 221 different cookie recipes between 1917 and 1920. Barbara presents Anna's recipes exactly as they were originally written and also adds helpful baking tips, updates for many of the recipes, fun cookie poems, baking superstitions, and over 150 photos and illustrations. 6" x 9", 152 pages.



Nostalgic America

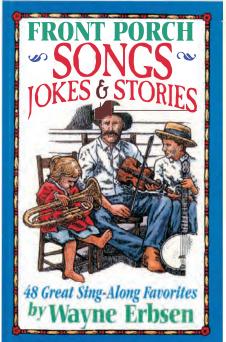
Those were the days...

Make yourself at home on the front porch and listen to some tales and songs of days gone by.



OUR BEST SELLING SONGBOOK:

Front Porch Songs, Jokes & Stories 48 Great Sing-Along Favorites



by Wayne Erbsen

This book is our all-time best selling songbook! It contains a treasure trove of popular 19th century American campfire songs, hilarious jokes, wild stories, vintage photos, and even a recipe for cooking a groundhog.

You'll find the lyrics, music in standard notation, and chords of 48 classic melodies that have traveled west with the pioneers in covered wagons, fought in the Civil War and have been played on the front porch of many log cabins.

Some of the songs in this book include "Arkansas Traveler," "Down in the Valley," "My Old Kentucky Home," "Poor Wayfaring Strange," "Wildwood Flower," as well as dozens more. 5 1/2" x 8 1/2", 64 pages.

"An aural journey back into American history"- Alexander Books

"Wayne Erbsen will put you right back on the homestead's front porch" - Music Barn

An Old Fashioned Wing Ding 14th Turn-of-the-Century Melodies

by Wayne Erbsen



From parlors of the city to a rural barn dance, this lively collection gives the full flavor of America at the turn of the 19th century. Played on banjo, fiddle, mandolin, guitar, banjo-guitar, spoons and bass. All instrumental. 14 tunes, 40 minutes.

"Astonishingly good music" - Tradition Magazine

CD: NG-CD-114

Southern Mountain Classics 16 Great Old Time Instrumentals



CD: NG-CD-100

The Outhouse Papers Country Humor & Trivia



BOOK: NGB-956 ISBN: 9781883206383

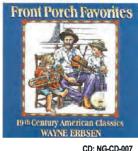
A very popular and rollicking collection of classic 19th century tunes featuring Dirk Powell on fiddle, Wayne Erbsen on banjo, guitar, mandolin and fiddle, Don Pedi on dulcimer. Our best-selling recording! 16 tunes, 48 minutes.

by Wayne Erbsen

"It stands up to the best of the best" - Bluegrass Unlimited Magazine

BOOK: FPS-100 ISBN: 9780962932793

Front Porch Favorites 19th Century American Classics



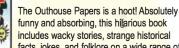
by Wayne Erbsen

One of our best-selling recordings, this CD captures some favorite melodies of the 19th century. Expertly played on banjo, fiddle, guitar, mandolin, washboard, harmonica, spoons, jews harp, hambone and feet. 17 tracks, all instrumental. 55 minutes.

"When you listen to it, it's like stepping into the past" - NTGRC

"Wayne's banjo and fiddle playing are first rate."-Dirty Linen





by Wayne Erbsen

includes wacky stories, strange historical facts, jokes, and folklore on a wide range of topics. Lose yourself in moonshine tales, old-fashioned marriage advice, and even the Duct Tape Diet. Learn the lost art of hurling insults and making jerk coffee. Master the secret slang of Civil War soldiers, railroaders, hobos, and cowboys... and much more! This book belongs in every outhouse in America. 4" x 9", 192 pages.

"Wayne! Your Outhouse Papers has been well read by all the family."- *Pete Seeger*

FREE single-title counter display available for this title with an order of 12 copies.



Rural Roots of Bluegrass Songs, Stories & History



ISBN: 9781883206406

Rural Roots of Bluegrass

RUTAIL

CD: NG-CD-957

by Wayne Erbsen

Music historian Wayne Erbsen digs deep into the history of bluegrass music to uncover it's true roots. Richly illustrated with over 100 vintage photos, the book has buegrass history, lyrics and musical notation of 94 songs, chords, playing tips and historic sources for each song 6" x 9", 180 pages.

"This book is a lot of fun and I would recommend it for anyone's library or music stand" - Central Texas Bluegrass Bulletin

"I recommend [this book] to anyone getting into the genre as a player or just a fan." - CBMS

This recording features the crystal clear voice of Laura Boosinger alongside the banjo,

fiddle and mandolin wizardry of Wayne

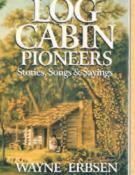
of bluegrass music. 13 vocals, 2 ihstrumentals, 54 mihutes.

Erbsen. Like the book, this recording draws

from many of the styles that are the very roots

by Wayne Erbsen

Log Cabin Pioneers Stories, Songs & Sayings



by Wayne Erbsen

Step inside as Wayne Erbsen takes you on a fascinating personal journey of finding and restoring a rare historic log cabin. By a cracking fire, you'll hear authentic pibneers sing ancient ballads, spin yarns, tell tales, swap superstitions and beauty secrets and cook hearthside recipes. Includes over 150 killer vintage photos, words & music to 19 ballads and songs, over 100 pibneer sayings, 6" x 9" 184 pages.

"There is not a dull moment to be found as stories of famous Americans of yore abound throughout these pages" - Blue Ridge & Great Smoky Mountains Digest

BOOK: NGB-955 ISBN: 9781883206369

Log Cabin Songs



by Wayne Erbsen

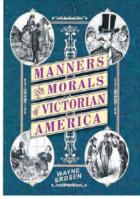
Kick up your heels with spunky old-time dance tunes, historic songs and ballads of log cabin pibneers. This recording features the vocals of Laura Boosinger & Wayne Erbsen, who create magic with their old-time harmonies. 10 vocals, 6 instrumentals, 48 minutes.

- The Old-Time Herald

'The playing is impeccable"

CD: NG-CD-115

Manners & Morals of Victorian America Victorian Life, Proper Conduct & Duties



BOOK: NGB-959 ISBN: 9781883206543

by Wayne Erbsen

This highly entertaining and often hilarious book is your window into the fashionable world of yesteryear! Drawing on the wealth of late 19th and early 20th century etiquette books, it has almost 500 historic illustrations and engravings. The book details virtually every aspect of Victorian life, including the proper conduct for courtship and wooing, spinsterhood, duties of husbands and wives, how to deal with a rejected suitor, manners while a passenger on coaches, carriages, motor cars, steamships and street cars, woman suffrage, and much more. 7" X 10", 180 pages.

Back Pocket Series by Wayne Erbsen

Bluegrass Song Book

Since it came out ih 1981, thousands of people have enjoyed and learned from the pages of The Backpocket Buegrass Songbook. In addition to the lyrics and melbdy line, the book also includes guiltar chords, tips on choosing the right key, using the capo, bluegrass music history, information on each song, and vintage photos.

Includes 40 songs, and it even fits in your back pocket! 4 1/2" x 12", 57 pages.

FREE single-title counter display available for these titles with an order of 12 copies.



BOOK: WE-10000 ISBN: 9780962932700

The Backpocket Old Time Songbook is considered a classic. In addition to song lyrics, musical notation and guiltar chords, it is packed hints on singing in the right key, singing with an instrument, transposing your chords, using a capo, plus a short history of oldtime songs, minstrel songs, dance tunes, knockdown tunes, ballads, parlor songs and gospel songs. Includes numerous vintage photos. 4 1/2" x 12", 57 pages.



BOOK: WE-10008

ISBN: 9780962932717

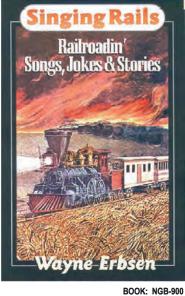
Railroadin'_

Travel the Rails in Words & Song...

"A colorful mixture to listen to over and over." -Railfan & Railroad

Singing Rails

Railroadin' Songs, Jokes & Stories



by Wayne Erbsen

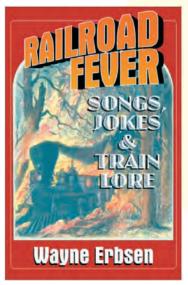
All aboard! Feel transported back in time to the days when railroad was king, and sing a song or two. This book is absolutely packed with songs and lore of the railroads!

Includes the melody, chords, lyrics and history to 28 classic railroad singalongs. It isn't just songs- you'll also find railroad superstitions, tall tales, train wrecks, ghosts, hobos, insults, slang, vintage drawings and photos. 81/2" x 51/2", 68 pages.

"The contents of this little book will delight fans with its songs, stories, anecdotes and obscure facts...well worth the price" - The Riding Railway Newsletter

"A real treat." - Branchline

Railroad Fever Songs, Jokes & Train Lore



by Wayne Erbsen

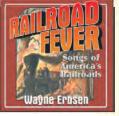
Catch the fever and relive the glory days of railroading! Discover railroad oddities, poetry of the rails, railroad diner lingo, strange railroad laws, train heroes and villains, hobo lingo and porters' secret codes.

As with our other songbooks, you'll also find the melody, chords, lyrics and history to 16 classic railroad songs, as well as vintage railroading photos and artwork peppering the pages. 8 1/2" x 5 1/2", 64 pages.

"This package will appeal to railroading enthusiasts" - Bluegrass Unlimited

BOOK: NGB-930 ISBN: 9781883206314

Railroad Fever Songs of America's Railroads



CD: NG-CD-930

Railroadin' Classics 16 Great Instrumentals



CD: NG-CD-920

by Wayne Erbsen

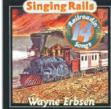
by Wayne Erbsen

'Railroad Fever' the CD includes 14 of the songs in the songbook, and will transport you back in time to the smoke and fire of the railroadin' days. 14 vocals, 49 minutes.

When we listen we can practically smell the smoke of a locomotive." -North Texas Garden Railroad Consortium

Singing Rails Railroadin' Songs

ISBN: 9781883206260



CD: NG-CD-910

by Wayne Erbsen

If you like 'Singing Rails' the book, you'll love the CD. A talented lineup of traditional musicians play 14 of the well-loved songs included in the songbook, 12 vocals, 2 instrumentals, 40 minutes.

"This music is a rare treat and not easily found. When you listen to it, it's like stepping into the past" - North Texas Garden Railway Consortium



This rollicking collection of old-time railroad instrumentals is sure to become one of your favorites. Performed by an all-star cast of musicians and played on historic railroadin' instruments including banjo, banjo-guitar, banjo-mandolin, fiddle, mandolin, dobro, harmonica, guitar, jews harp, kazoo, bones, spoons, washboard, bass.

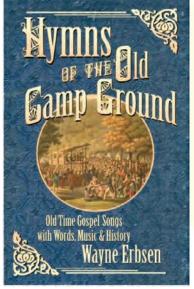
All instrumentals, 45 minutes.

Gospel & Holiday

Old-Time Inspirationals...

"These melodies move, flow, and intertwine with brightness and elegance" -Dirty Linen

Hymns of the Old Camp Ground Old Time Gospel Songs with Words, Music & History

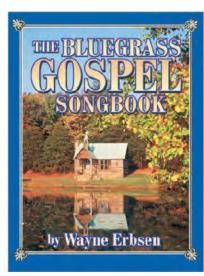


by Wayne Erbsen

This handy songbook is filled with the words, music history and chords of your favorite camp meeting hymns, spirituals and gospel songs. It includes such classics as "Amazing Grace," "Are You Washed in the Blood?" "Church in the Wildwood," "If I Could Hear My Mother Pray Again," "Keep on the Sunny Side," "Precious Memories," and "Shall We Gather at the River." 5 ½" x 8 1/2", 72 pages.

"Highly recommended for personal and professional reference and performance collections as well." - *Midwest Book Review*

The Bluegrass Gospel Songbook



BOOK: GOS-101 ISBN: 9781883206529 BOOK WITH CD: GOS-101A ISBN: 9781883206599

by Wayne Erbsen

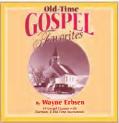
Sing your heart out with over 100 old-time gospel songs. The book includes words and music, guitar chords, vintage photos, song histories and humor. 9" x 12", 122 pages.

There is an optional music CD (Old-Time Gospel Favorites) available with the book which contains 13 of the songs from the book, sung as solos, trios and quartets on banjo, fiddle, guitar, autoharp and bass.

"A real treasure." - Bluegrass Music Profiles

BOOK: GOS-102 ISBN: 9781883206567

Old-Time Gospel Favorites 13 Gospel Classics with Harmony & Old Time Instruments

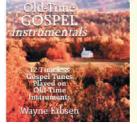


CD: NG-CD-112

by Wayne Erbsen This recording has 13 of your

favorite old-time gospel solos, trios and quartets played on banjo, fiddle, guitar, mandolin, autoharp and bass. All vocals. An excellent companion CD to the 'Bluegrass Gospel Songbook'. 41 minutes.

Old-Time Gospel Instrumentals 12 Gospel Tunes Played on Old-Time Instruments by Wayne Erbsen



Waterdance

This all instrumental recording captures the spirit of old-time gospel and hymn music with haunting and lively renditions of many of the classic pieces of gospel music. All of the tunes are played on historic

of the classic pieces of gospel music. All of the tunes are played on historic instruments, including clawhammer banjo, fiddle, mandolin and guitar. 12 instrumentals, 30 minutes.

CD: NG-CD-111

Cold Frosty Morning A Celebration of Christmas on Hammered & Mountain Dulcimer

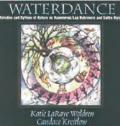


CD: NG-CD-200

by Katie LaRaye Waldren

A stunning collection of music celebrating the Christmas season played on hammered and mountain dulcimer. This instrumental recording of Christmas and winter favorites is enough to warm anyone's heart. Beautifully done! 42 minutes.

Melodies & Rythms of Nature on Hammered/Lap Dulcimers & Celtic Harp



by Katie LaRaye Waldren & Candace Kreitlow

Dulcimer wizard Katie LaRaye Waldren and expert Celtic harpist Candace Kreitlow have created a classic recording of elegantly energetic Irish and American instrumentals. Beautifully recorded, 'Waterdance' transports listeners to times past and distant places through a blend of Irish jigs and Gaelic melodies. All instrumental. 59 minutes.

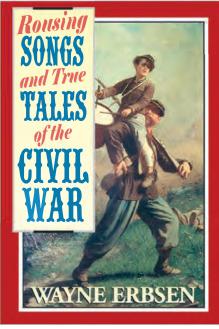
CD: NG-CD-222

The Civil War-

Relive the Sounds & Sorrows of the Civil War...

"Wayne Erbsen sings these ballads as they would have been sung a century or more ago." -James M. McPherson, Pulitzer Prize winning historian

Rousing Songs & True Tales of the Civil War



by Wayne Erbsen

The story of the Civil War has been passed through the generations with music- here are the songs and stories that made history. As Robert E. Lee once said, "I don't believe we can have an army without music."

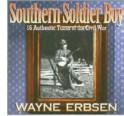
Readers will dive into the history of music in the Civil War era, as well as learn the lyrics, music, song histories, trivia, humor to 21 songs.

Peppered throughout the book are more than 100 Civil War photographs and illustrations. 51/2" x 81/2", 72 pages.

"An extraordinarily entertaining book" - Folk Tales

"Wayne Erbsen has produced a rare piece of work- something new and fresh"- Webb Garrison, Civil War authority

Southern Soldier Boy 16 Authentic Tunes of the Civil War



CD: NG-CD-005

The Home Front 17 Authentic Tunes of the Civil War



Battlefield Ballads

ATTLEFIELD EALLADS

WAYNE ERESEN

THE CIVIL WAR

of the Civil War

FRESEN

CD: NG-CD-006

by Wayne Erbsen

by Wayne Erbsen

Better than a faded diary or a tattered photo, this fine collection captures the spirit of those who stayed at home. Included are both Union and Confederate patriotic tunes, sentimental pieces, minstrel songs, popular tunes of the day, songs of returning soldiers and run-away slaves, 13 instrumentals, 4 vocals, 45 minutes,

A popular collection of music played by common

soldiers during the war. Includes spirited rallying

songs, mournful laments, popular pieces of the day and even a lively buckdance tune. Historic

instruments include banjo, fiddle, harmonica,

bones, hambone, washboard, tambourine, dulcimer, mouth bow, accordion and jews harp.

12 instrumentals, 4 vocals, 45 minutes.

BOOK: NGB-950 ISBN: 9781883206338

Ballads & Songs of the Civil War A Stirring Collection Played on Historical Instruments



by Wayne Erbsen

A stirring collection of Civil War music from both sides of the conflict performed on historical instruments by Wayne Erbsen, Bucky Hanks, Bob Willoughby and Grammy Award winning David Holt. Featured in 'Time-Life's' History Book Club, as well as a number of other Civil War history learning resources. 12 vocals, 2 instrumentals, 50 minutes.

Love Songs of the Civil War



CD: NG-CD-009

by Wayne Erbsen

These are the songs that were on the lips and in the hearts of soldiers and home folks on both sides of our greatest conflict. The 8 page CD booklet has a brief history of each song. Instruments include 5 & 6 string banjo, fiddle, mandolin, guitar, harmonica, jew's harp, spoons, tambourine. 13 vocals, 1 instrumental. 48 minutes.

by Wayne Erbsen

Wayne Erbsen takes the listener to the very battlefields of the Civil War with historic songs that were inspired even as the smoke of battle still filled the air. More than a dusty textbook ever could, these songs reveal the heart-felt emotions of soldiers who endured America's greatest tragedy. 5 instrumentals, 8 vocals. 40 minutes.

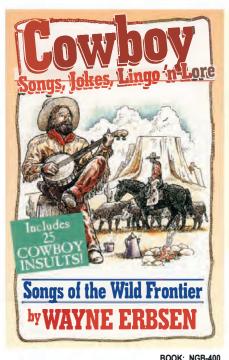


Frontier Trailblazers

Saddle Up and Sing a Song...

"The best available source on period music performed in the most authentic manner." -Smoke and Fire News

Cowboy Songs, Jokes, Lingo 'n Lore Songs of the Wild Frontier



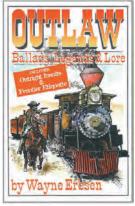
by Wayne Erbsen

A great way to get the feeling of an era is through its music and stories, so take a ride through the old west with Cowboy Songs, Jokes, Lingo 'n Lore! This cowboy songbook has music in standard notation, chords, song histories, and full lyrics to 30 cowboy classics like "Bury Me Not on the Lone Prairie," "Git Along Little Dogies," "Home on the Range," "Red River Valley," "Streets of Laredo," and "Rye Whiskey." It is brimming with old time cowboy wisdom, historic illustrations, cowboy insults and jokes. 5 1/2" x 8 1/2", 64 pages.

"Captures the authentic feel of the old west" - NAIRD

One of the great joys of Wayne Erbsen's books is the wealth of stories and background information on the songs. His books read like an old friend in casual conversation. " - CBMS

Outlaw Ballads, Legends & Lore



BOOK: NGB-500 ISBN: 9781883206161

Songs of the Santa Fe Trail and the Far West



by Wayne Erbsen

This bad boy book is packed with 27 ballads of the Old West and South and comes fully equipped with the lyrics, music, chords, outlaw lore, legends, insults, jokes, sayings, frontier etiquette, vintage art, poetry, wisdom and even a few lies! 81/2" x 51/2", 64 pages.

"True stories and great picking: a great combination" - Sing Out

"An authentic collection"- Mel Bay



by Mark Gardner & The Muleskinners

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ISBN: 9781883206062

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CD: NG-CD-400

by Wayne Erbsen

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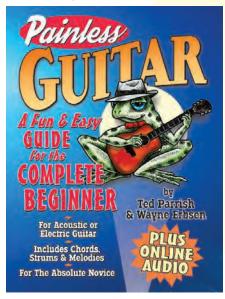
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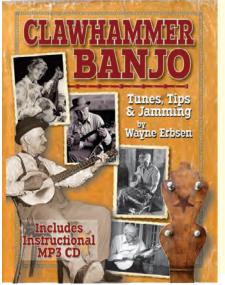


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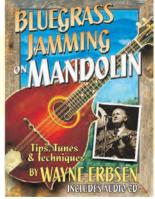
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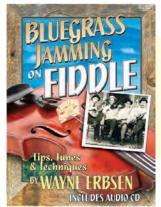
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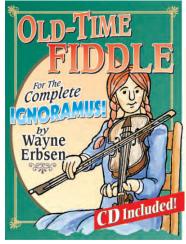
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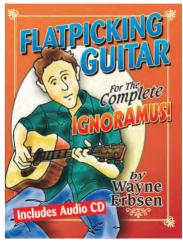
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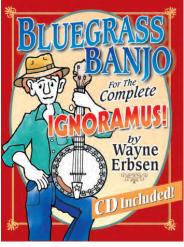


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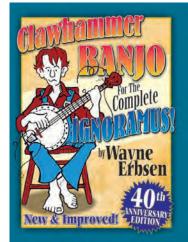


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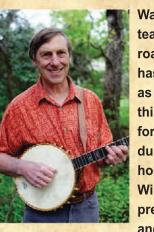


Barbara has spent a lifetime collecting recipes and old-timey kitchen wisdom from the strong women in her family, as well as from countless elderly farm women living in the Appalachian mountains. She has written 11 cookbooks, and teaches old-time cooking classes at her log cabin in Asheville, NC and at the John C. Campbell Folk School.

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About Wayne Erbsen



Wayne has been playing and teaching music since dinosaurs roamed the earth. As a musician he has recorded 18 solo albums, and as an author he has written over thirty instruction and songbooks for guitar, banjo, fiddle, mandolin, dulcimer and ukulele. He is a radio host, a music professor at Warren Wilson College, and the founder and president of Native Ground Books and Music.