

# Traditions of Old-Time America

## Music, Folklore & Home Cookin'

### Native Ground Books & Music



RURAL AMERICA • COOK BOOKS • MUSIC INSTRUCTION • CIVIL WAR • FRONTIER • RAILROAD • & MORE!

2012 - 2013 Edition

### Instruction

These Instruction Books and CDs Are Guaranteed To Help The TRUE BEGINNER!

#### Instruction Books for the Complete Ignoramus!

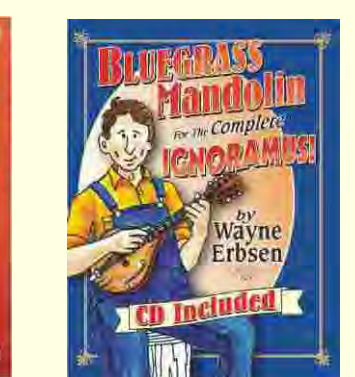
This winning series of books is for the complete and total beginner. No experience needed! These books assume you know NOTHING about your instrument and slowly take you through the steps of learning to play. Featuring Wayne's unique and easy tablature, and including an instructional CD, these books are GUARANTEED to get you on your way! All books are 9" x 12" \$19.95

#### Flatpicking Guitar for the Complete Ignoramus!



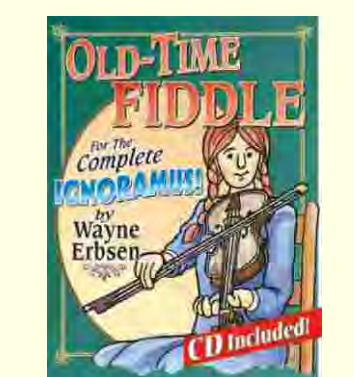
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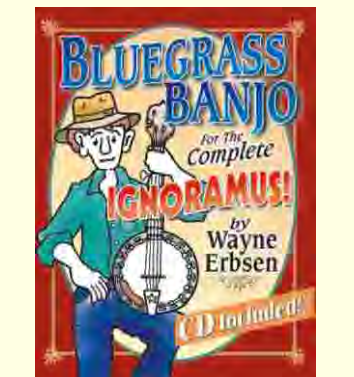
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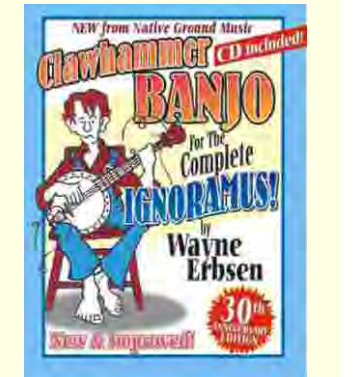
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#### Bluegrass Banjo for the Complete Ignoramus!



BOOK: NGB-104 ISBN: 9781883206444 WITH INSTRUCTIONAL CD: \$19.95

#### Clawhammer Banjo for the Complete Ignoramus!



BOOK: NGB-103 ISBN: 9781883206473 WITH INSTRUCTIONAL CD: \$19.95

#### Bluegrass Jamming Instruction Books...

This FUN new book/CD series will get the semi-beginner and intermediate player on their way to jamming with other pickers. Even closet players will benefit by learning to improvise, play harmony, make up your own licks, fills and back-up. Includes "almost painless" music theory, simple chords, scales, tips and tricks. Wayne's unique easy TAB system will get you picking 31 of your bluegrass jam favorites. (See web site for a complete list of tunes). 9" x 12," 96 pages. Coming in 2013: Bluegrass Jamming on Guitar

#### Bluegrass Jamming on Mandolin



BOOK WITH CD: NGB-207 \$22.95 ISBN: 9781883206611

#### Bluegrass Jamming on Fiddle



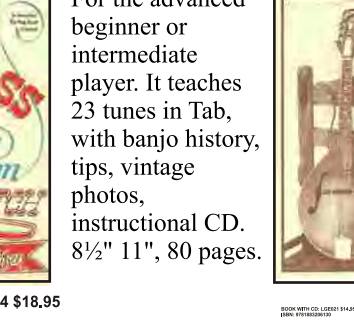
BOOK WITH CD: NGB-205 \$22.95 ISBN: 9781883206635

#### Bluegrass Jamming on Banjo



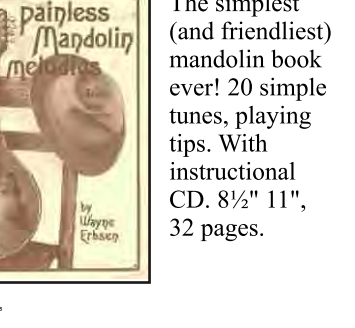
BOOK WITH CD: NGB-204 \$22.95 ISBN: 9781883206659

#### Starting Bluegrass Banjo From Scratch



BOOK WITH CD: PCB104 \$18.95 ISBN: 978-0825800016

#### Painless Mandolin Melodies



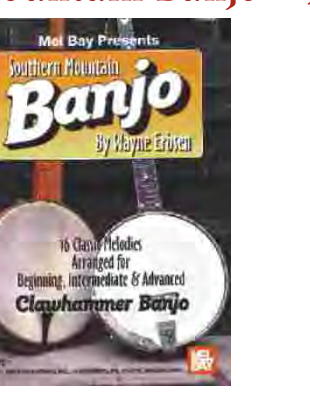
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#### Southern Mountain Instruction Books

These five Southern Mountain Instruction Books will each teach you to play the 16 tunes found on Wayne's popular CD, Southern Mountain Classics. Includes beginning, intermediate and advanced arrangements using tab and/or music, plus song histories and killer photographs. All books are 8 1/2" x 11".

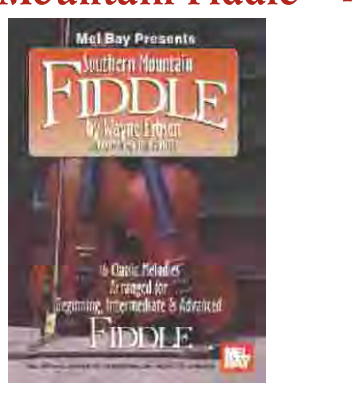
NOTE: SOUTHERN MOUNTAIN CLASSICS CD IS LISTED ON THE INSIDE.

#### Southern Mountain Banjo



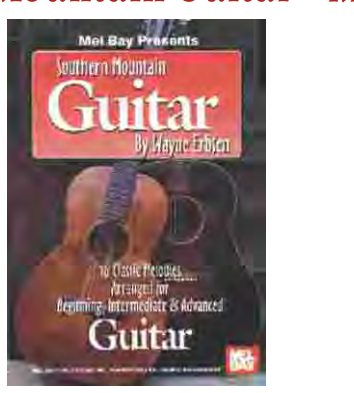
BOOK: MB-001 \$15.95 ISBN: 9780786604197

#### Southern Mountain Fiddle



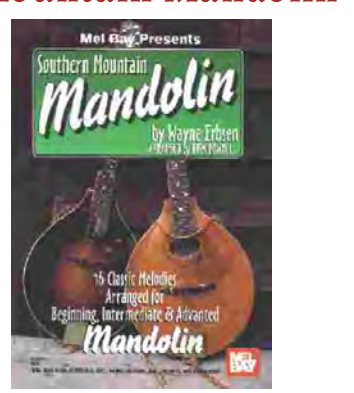
BOOK: MB-002 \$12.95 ISBN: 9780786604227

#### Southern Mountain Guitar



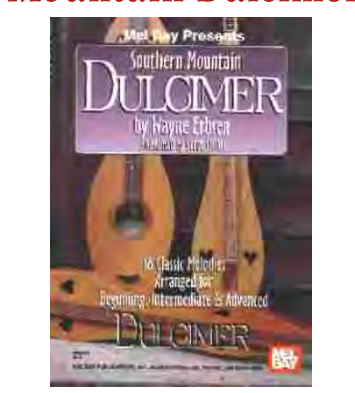
BOOK: MB-003 \$17.95 ISBN: 9780786604203

#### Southern Mountain Mandolin



BOOK: MB-004 \$19.95 ISBN: 9780786604210

#### Southern Mountain Dulcimer

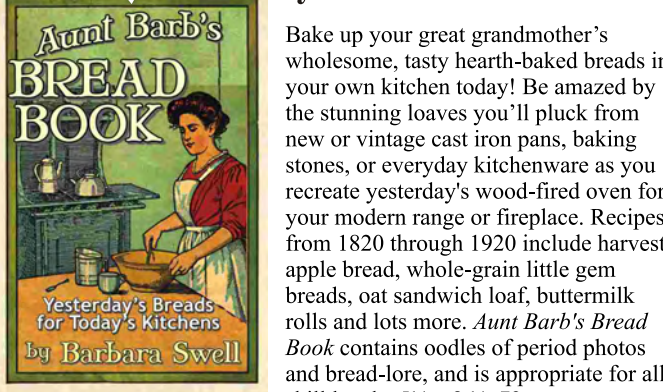


BOOK: MB-005 \$17.95 ISBN: 9780786604180

Visit [www.nativeground.com](http://www.nativeground.com) for a list of all the tunes included in these books.

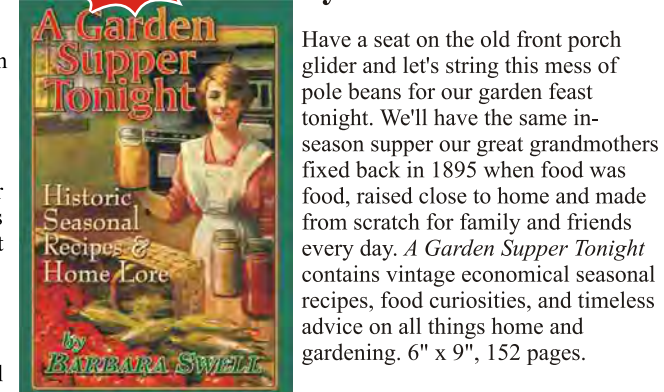
## Yesterday's Kitchen & Home

### NEW! Aunt Barb's Bread Book by Barbara Swell



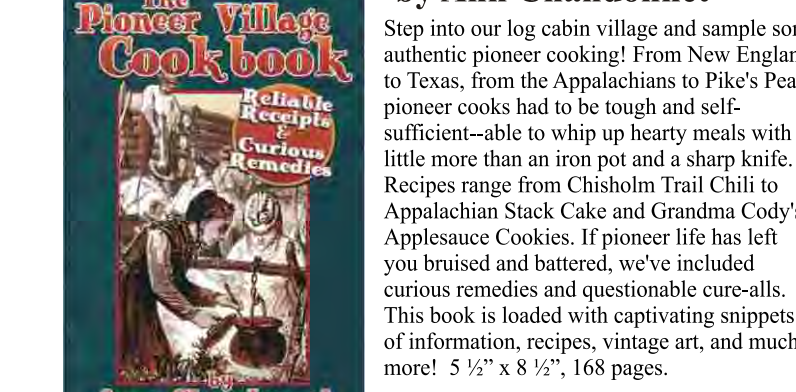
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### NEW! A Garden Supper Tonight by Barbara Swell



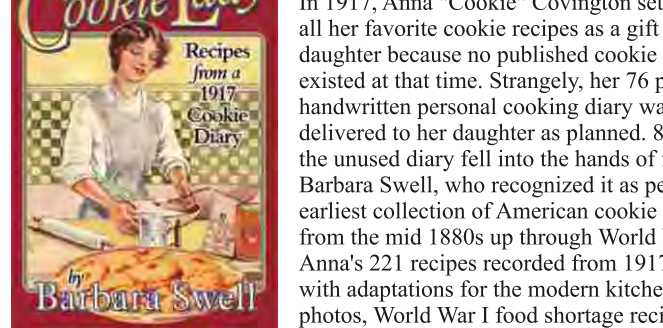
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### Mama's in the Kitchen by Barbara Swell



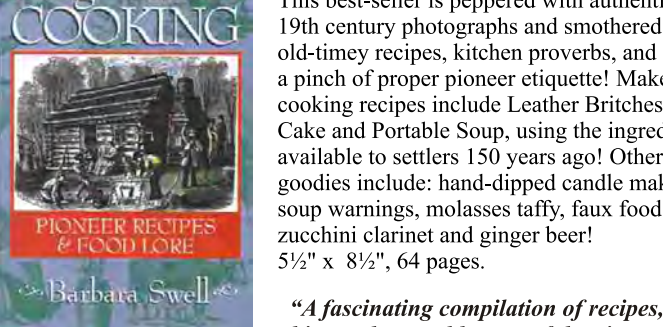
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### Children at the Hearth by Barbara Swell



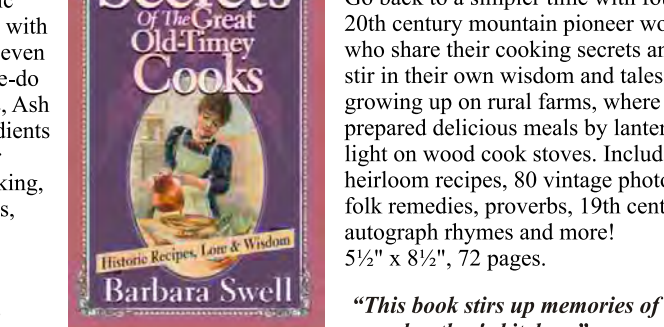
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### Log Cabin Cooking by Barbara Swell



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### Secrets of the Great Old-Timey Cooks by Barbara Swell



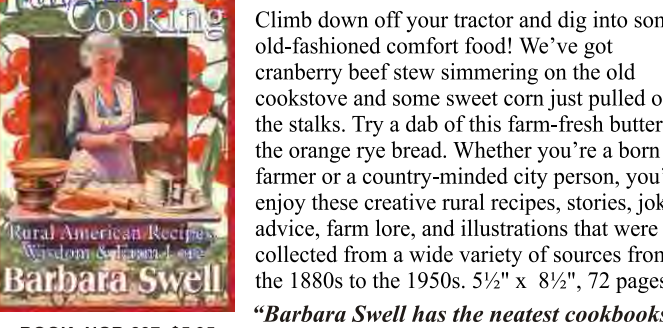
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### Old-Time Farmhouse Cooking by Barbara Swell



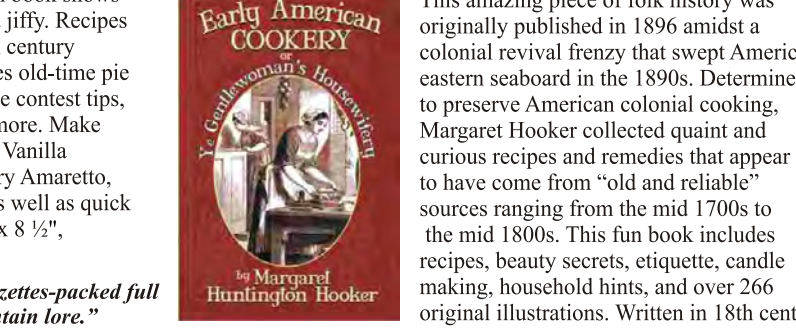
BOOK: NGB-837 \$5.95 ISBN: 9781883206413

### The Lost Art of Pie Making - Made Easy by Barbara Swell



BOOK: NGB-838 \$5.95 ISBN: 9781883206420

### Early American Cookery by Margaret Huntington Hooker



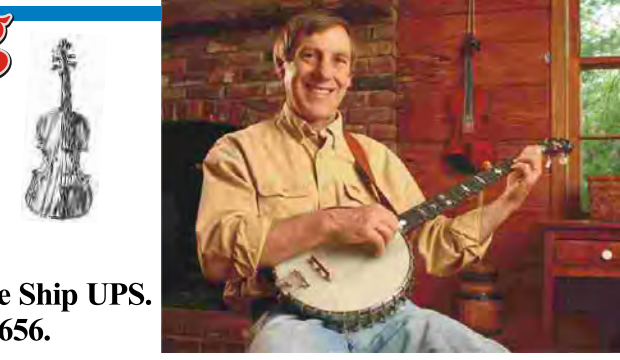
BOOK: NGB-840 \$12.95 ISBN: 9781883206505

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(Shipping costs and time of delivery may vary... call for estimates.  
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Wayne Erbsen



Barbara Swell



FREE 'Back Pocket' & 'Outhouse' Display Available

This six pocket, three tier display will showcase a variety of Native Ground books and recordings. 12 3/4" wide, 11 1/2" tall, 12" deep, and FREE with a 48 unit minimum order. The display will fit any of our 5 1/2" x 8 1/2" books as well as any of our CDs.

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Visit our web site for new products and complete list of songs and recipes found in our books and recordings.  
[www.nativeground.com](http://www.nativeground.com)

Native Ground Books & Music  
109 Bell Road  
Asheville, NC 28805

# Nostalgic America

## Manners & Morals of Victorian America by Wayne Erbsen

This highly entertaining and often hilarious book is your window into the fashionable world of yesteryear! Drawing on the wealth of late 19th and early 20th century etiquette books, it has almost 500 historic illustrations and engravings. The book details virtually every aspect of Victorian life, including the proper conduct for courtship and wooing, spinsterhood, duties of husbands and wives, how to deal with a rejected suitor, manners while a passenger on coaches, carriages, motor cars, steamships and street cars, woman suffrage, and much more. A truly outstanding collection!

BOOK: NGB-959 \$14.95  
ISBN: 9781883206543

## Rural Roots of Bluegrass ~ Songs, Stories & History

Music historian Wayne Erbsen digs deep into the history of bluegrass music to uncover its true roots. Richly illustrated with over 100 vintage photos, the book has bluegrass history, lyrics and musical notation of 94 songs, chords, playing tips and historic sources for each song. 6" x 9", 180 pages.

**THE RECORDING** features the crystal clear voice of Laura Boosinger alongside the banjo, fiddle and mandolin wizardry of Wayne Erbsen. Like the book, this recording draws from many of the styles that are the very roots of bluegrass music. 13 vocals, 2 instrumentals, 54 minutes. See [www.nativeground.com](http://www.nativeground.com) for list of songs in CD or book.

**"Rural Roots of Bluegrass is simply magnificent!"**  
-Dave Higgs, Nashville Public Radio

## Log Cabin Pioneers ~ Stories, Songs & Sayings

Step inside as Wayne Erbsen takes you on a fascinating personal journey of finding and restoring a rare historic log cabin. By a crackling fire, you'll hear authentic pioneers sing ancient ballads, spin yarns, tell tales, swap superstitions and beauty secrets and cook hearthside recipes. Includes over 150 killer vintage photos, words & music to 19 ballads and songs, over 100 pioneer sayings, 6" x 9" 184 pages.

**THE RECORDING:** Kick up your heels with spunky old-time dance tunes, historic songs and ballads of log cabin pioneers. 10 vocals, 6 instrumentals, 48 minutes.

**"Entertaining, diverse, and informative."** -N.C. Historical Review

## Southern Mountain Classics

A very popular and rollicking collection of classic 19th century tunes featuring Dirk Powell on fiddle, Wayne Erbsen on banjo, guitar, mandolin and fiddle, Don Pedit on dulcimer. 16 tunes, 48 minutes.

**"A killer recording!"** -Banjo Newsletter

## Frontier Trailblazers

### Pierre Cruzatte A Musical Journey Along the Lewis & Clark Trail

Celebrate Lewis & Clark's bicentennial with recordings so rich and authentic you'll think you've made camp with Pierre Cruzatte himself, the main boatman and fiddler with the Lewis and Clark expedition. Includes 10 instrumentals, 5 vocals with fiddle, bones, spoons, Jew's harp, frame drum, fiddlesticks, tambourine, deer-hoof rattles, feet, bodhran, bastringue, sounden horn. 45 minutes.

CD: NG-CD-940 \$14.95  
CASSETTE: NG940 \$5.99

### Cowboy Songs, Jokes, Lingo 'n Lore

This book is peppered with old-time cowboy wisdom, 30 classic cowboy songs, historic illustrations, 25 cowboy insults and other amazing cowboy lore. 8 1/2" x 5 1/2", 64 pages.

**THE RECORDING:** 2 instrumentals and 13 classic cowboy vocals including *Trail to Mexico, Goodbye Old Paint, Texas Rangers, Old Chisholm Trail, Colorado Trail, Dony Gal, Texas Quickstep, Sally Goodin, Roving Cowboy*. 52 minutes.

**"Wayne's banjo and fiddle playing are first rate."** -Dirty Linen

### Outlaw Ballads, Legends & Lore

This bad boy book of ballads of the Old West and South is packed with outlaw lore, legends, insults, frontier etiquette, art, poetry, wisdom and even a few lies! 8 1/2" x 5 1/2", 64 pages.

**Songs of the Santa Fe Trail & the Far West**  
These are the songs that were sung on the Santa Fe Trail, in the Mexican War and the Gold Rush. Performed on period instruments, it captures the authentic sounds of covered wagon days. Includes: *Uncle Sam & Mexico, Uncle Sam's Song to Miss Texas, California Bloomer, Marcha de Los Novios, Joe Bowers, Calabra Waltz, The Battle Call, Fort Dodge, Home! Sweet Home!, Fandango, Jim Along Josie, Doniphans Expedition*. 8 vocals, 4 instrumentals, 33 minutes.

CD: NG-CD-003 \$14.95

**"A trip to the frontier past."** -Cowboys and Indians Magazine

## Front Porch Songs, Jokes & Stories

Our all-time best-seller, this book is a winner with words & music to 48 19th century songs plus hilarious jokes, historical introductions, vintage photos. 5 1/2" x 8 1/2", 64 pages of fun.

**THE RECORDING:** Our most popular recording of the favorite tunes of the 19th century. Expertly played on banjo, fiddle, guitar, mandolin, washboard, harmonica, spoons, jews harp, hambone and fret. 17 tunes, all instrumental. 55 minutes.

BOOK: FPS-100 \$5.95  
ISBN: 9780962932793

## OVER 140,000 BOOKS SOLD!

### The Outhouse Papers ~ Country Humor & Trivia

The Outhouse Papers is a hoot! Absolutely funny and absorbing, this hilarious book includes wacky stories, strange historical facts, jokes, and folklore on a wide range of topics. Lose yourself in moonshine tales, old-fashioned marriage advice, and even the Duet Tape Diet. Learn the lost art of hurling insults and making jerk coffee. Master the secret slang of Civil War soldiers, railroaders, hobos, and cowboys. Marvel at weird laws, strange inventions, and bizarre festivals, like the Cow Chip Throwing Championship, and the Rattlesnake Derby. Revel in quirky factoids about rich and famous Americans all the way from Thomas Jefferson to Al Capone. This book belongs in every outhouse in America. 4" x 9" 192 pages.

**"Wayne! Your Outhouse Papers has been well read by all the family."** Pete Seeger

BOOK: NGB-956 \$9.95  
ISBN: 9781883206383

### FREE DISPLAY AVAILABLE!

### Backpocket Bluegrass Songbook

These twin books are classic collections of bluegrass and old-time songs complete with words and music, song histories, vintage photos, guitar chords and singing tips. They even fit in your back pocket! Each book has 40 songs, 4 1/2" x 12", 57 pages. See [www.nativeground.com](http://www.nativeground.com) for list of songs.

**BACKPOCKET BLUEGRASS SONGBOOK** includes: *Wildwood Flower, Knoxville Girl, Short Life of Trouble, Rabbit in the Log, Cumberland Gap, A Beautiful Life*, etc.

**BACKPOCKET OLD-TIME SONGBOOK** includes: *Cotton-Eyed Joe, Angelina Baker, Ground Hog, Sourwood Mountain, Little Rosewood Casket, Cindy, Wind and Rain*, etc.

**FREE DISPLAY AVAILABLE!**

BOOK: WE10008 \$6.95  
ISBN: 9780962932717

## Railroadin'

### Singing Rails ~ Railroadin' Songs, Jokes & Stories

Packed with songs and lore of the railroads! Includes the melody and lyrics to 28 classic sing-alongs plus: railroad superstitions, tall tales, train wrecks, ghosts, hobos, insults, slang, vintage drawings and photos. 8 1/2" x 5 1/2", 68 pages.

**THE RECORDING:** *John Henry Cannonball Blues, Railroadin' on the Great Divide, On the Dummy Line, Nine Hundred Miles, Death of Edward Lewis, Lonesome Pine Special, Freight Train Boogie, Railroad Bill, Train on the Island, Railroadin' & Gamblin', Swannanoa Tunnel, Midnight Special*. 12 vocals, 2 instrumentals, 40 minutes.

**"A colorful mixture to listen to over and over."** -Railfan & Railroad

BOOK: NGB-900 \$5.95  
ISBN: 9781883206260

### Railroad Fever ~ Songs, Jokes & Train Lore

Relive the glory days of railroadin'! Discover railroad oddities, poetry of the rails, railroad diner lingo, strange railroad laws, train heroes and villains, hobo lingo and porters' secret codes plus melody and lyrics to 16 classic railroad tunes. 8 1/2" x 5 1/2", 64 pages.

**THE RECORDING:** *Rock Island Line, The Railroad Blues, Death of John Henry, Red & Green Signal Lights, Blue Train, Drill, Ye Tarriers Drill, Reuben's Train, Nine Pound Hammer, Kansas City Railroad, Jordan is a Hard Road to Travel, The Longest Train, Down at Dinah's Diner*. 14 vocals, 49 minutes.

**"When we listen we can practically smell the smoke of a locomotive."** -North Texas Garden Railway Consortium

### Railroadin' Classics ~ 16 Great Instrumentals

This awesome collection of old-time railroad instrumentals is sure to become one of your favorites. Performed on banjo, banjo-guitar, banjo-mandolin, fiddle, mandolin, dobro, harmonica, guitar, jews harp, kazoo, bones, spoons, washboard, bass.

**TUNES:** *Wabash Cannonball, Railroad Corral, Paddy on the Railway, The Lightning Express, Casey Jones, L&N Rag, Freight Train, New Lost Train, Wreck of the Old 97, In the Pines, Kansas City Railroad Blues, On the Dummy Line, New River Train, Reuben's Train, Lost Train Blues, Nine Hundred Miles*. All instrumentals, 45 minutes.

**"Well done!"** -Dave Higgs, Radio WPLN-FM

CD: NG-CD-920 \$14.95  
CASSETTE: NG920 \$5.99

**"Visit [www.nativeground.com](http://www.nativeground.com) for a list of all the tunes included in these books & CDs."**

# The Civil War

## Ballads & Songs of the Civil War by Wayne Erbsen

A stirring collection of Civil War music from both sides of the conflict performed on historic instruments by Wayne Erbsen. Featured in NPR's Wireless catalog, the "American Heritage" CD-ROM on the Civil War, "Time-Life's" History Book Club and Microsoft's Encarta 2004. *Lorena, Bonnie Blue Flag, Just Before the Battle Mother, Battle Cry of Freedom, The Southern Wagon, Here's Your Mule, Tramp, Tramp, Dixie's Land, Cumberland Gap, Southern Soldier, There was an Old Soldier, John Brown's Dream, I Can Whip the Scoundrel, The Cumberland and the Merrimac*. Most of the songs are found in the books "Rousing Songs & True Tales of the Civil War" and "Ballads & Songs of the Civil War." 12 vocals, 2 instrumentals, 50 minutes.

**"...an exciting and wonderful collection."** - Ivan Horbun, New Zealand

## Rousing Songs & True Tales of the Civil War by Wayne Erbsen

Here are the songs and stories that made history. Includes lyrics, music, song histories, trivia, humor plus 100 Civil War photographs and illustrations. *All Quiet Along the Potomac Tonight, Battle Cry of Freedom, Battle Hymn of the Republic, The Bonnie Blue Flag, Dixie's Land, The Faded Coat of Blue, Goober Peas, Hard Crackers Come Again No More, Home! Sweet Home!, Just Before the Battle, Mother, Lorena, Maryland, My Maryland, Marching Through Georgia, O I'm a Good Old Rebel, Tenting on the Old Camp Ground, Tramp! Tramp! Tramp!, The Vacant Chair, Weeping, Sad and Lonely, Here's Your Mule, When Johnny Comes Marching Home*. 5 1/2" x 8 1/2", 72 pages.

**"Wayne Erbsen is a national treasure."**  
-John Wolfe, Power Pickin' Magazine.

BOOK: NGB-950 \$5.95  
ISBN: 9781883206338

## Southern Soldier Boy ~ 16 Authentic Tunes of the Civil War by Wayne Erbsen

A popular collection of music played by common soldiers during the war. Includes spirited rallying songs, mournful laments, popular pieces of the day and even a lively buckdance tune. Historic instruments include banjo, fiddle, harmonica, bones, hambone, washboard, tambourine, dulcimer, mouth bow, accordion and jews harp. *Goober Peas, Home Sweet Home, Soldier's Joy, Shiloh's Hill, Battle Cry of Freedom, Listen to the Mockingbird, Dixie's Land, Turkey in the Straw, Girl I Left Behind, I'm a Good Old Rebel, Johnson Boys, Pattyroller, Rabbel Soldier*. 12 instrumentals, 4 vocals, 45 minutes.

**"The best recordings of traditional music I've found. The arrangements and sound quality are very good. The fiddle, banjo and harmonica give a very authentic Civil War era sound."** -Alan Whisman

CD: NG-CD-005 \$14.95  
CASSETTE: NG005 \$5.99

## Nature Lore & Music

### Crawdads, Doodlebugs & Creasy Greens

**Songs, Stories & Lore Celebrating the Natural World**  
by Doug Elliott  
Let Doug Elliott be your guide into the wild world of nature with this fascinating book, tape or CD. The book is packed with over 24 songs, 90 illustrations, and nature lore galore! This award-winning recording has songs, stories, legends and more! 59 minutes.

**"...intelligent, interesting and really fun."** -Old-Time Herald

CD: NG-CD-600 \$14.95  
CASSETTE: NG600 \$5.99

### Raccoon and a Possum

**Stories & Songs 'Specially for Young Folks**  
by Doug Elliott  
Naturalist, storyteller and harmonica wizard Doug Elliott takes listeners on a wild and wonderful exploration into the natural world. You'll hear a true story, an Indian legend, a jived-up Aesop's fable, a late night adventure in the woods along with some lively harmonica tunes and some mighty strange animal noises! Includes: *The Jive Three Bears, The Story of Aspirin, Possum, Turtle and the Wolves, The Fox and the Crow, Uncle Reuben Run a Coon, Old Blue*. 62 minutes.

**"Raccoon and a Possum is a hoot!"** - American Library Service

CD: NG-CD-610 \$14.95  
CASSETTE: NG610 \$5.99

### Bullfrogs on Your Mind ~ Stories, Songs & Adventure from the Swamps to the Hen House

by Doug Elliott  
Master storyteller and singer Doug Elliott leads you on outrageous and entertaining adventures from the swamps to the hen house. Drawing from old-time, folk, swing, rock, blues, and rap, the songs feature, banjo, harmonica, fiddle, trombones, plus assorted buckets, bells, bottles, cans and even rattlesnake rattles! Listen to authentic recordings of alligator roars, owl hoots and frog chorus. 63 minutes of fun.

CD: NG-CD-620 \$14.95  
CASSETTE: NG620 \$5.99

### Waterdance ~ Melodies and Rhythms of Nature

by Katie LaRaye Waldren & Candace Kreitlow  
Dulcimer wizard Katie LaRaye Waldren and expert Celtic harpist Candace Kreitlow have created a classic recording of elegantly energetic Irish and American instrumentals. *Canarios, Gaia, Banish Misfortune, Reaping the Rye, Cluck Old Hen, The Water is Wide, Wind That Shakes the Barley, Free Little Bird, Woodland Jig, Old Molly Hare, Shady Grove, Butterfly/Swallowtail, Over the Waterfall, Gaelic Aire, Little Rose is Gone, June Apple, Black Mare of Fanad*. All instrumental. 59 minutes.

**"These melodies move, flow, and intertwine with brightness and elegance"** -Dirty Linen

CD: NG-CD-222 \$14.95

## The Home Front ~ 17 Authentic Tunes of the Civil War

by Wayne Erbsen  
Better than a faded diary or a tattered photo, this fine collection captures the spirit of those who stayed at home. Included are both Union and Confederate patriotic tunes, sentimental pieces, minstrel songs, popular tunes of the day, songs of returning soldiers and run-away slaves. *Kingdom Coming, Yellow Rose of Texas, Cumberland Gap, Camptown Races, When Johnny Comes Marching Home, My Old Kentucky Home, Cotton-Eyed Joe, Buffalo/Alabama Gals, Johnny Has Gone For a Soldier, The Minstrel Boy, Rebel Soldier, Old Dan Tucker, Leather Britches, Darling Nelly Gray, When I Saw Nelly Home, Run Johnny Run*. 13 instrumentals, 4 vocals. 45 minutes.

CD: NG-CD-006 \$14.95  
CASSETTE: NG006 \$5.99

## Love Songs of the Civil War by Wayne Erbsen

These are the songs that were on the lips and in the hearts of soldiers and home folks on both sides of our greatest conflict. The 8 page CD booklet has a brief history of each song. Instruments include 5 & 6 string banjo, fiddle, mandolin, guitar, harmonica, jew's harp, spoons, tambourine. *Lilly Dale, My Southern Soldier Boy, Miss Lucy Long, Sweet Evelina, Johnny is Gone For a Soldier, Annie Laurie, Bonny Eloise, Darling Nelly Gray, The Bright Sunny South, Jenny Lind Polka, Two Soldiers, Listen to the Mockingbird, The Faded Coat of Blue, When I Saw Sweet Nelly Home*. 13 vocals, 1 instrumental. 48 minutes.

**"These songs give the listener a window into what lonely soldiers must have been feeling."**  
- Dirty Linen

## Battlefield Ballads of the Civil War by Wayne Erbsen

Wayne Erbsen takes the listener to the very battlefields of the Civil War with historic songs that were inspired even as the smoke of battle still filled the air. More than a dusty textbook ever could, these songs reveal the heart-felt emotions of soldiers who endured America's greatest tragedy. *Brother Green, Battle of Shiloh's Hill, Battle of Pea Ridge, Battle of Bull Run, Sherman's March, Battle of Shiloh, John Brown's March, Waiting For the Federals, The Sunny South, Hell Broke Loose in Georgia, On the Plains of Manassas, Battle of Prairie Grove, Battle of Antietam Creek*. 5 instrumentals, 8 vocals, on banjo, fiddle & guitar. 40 minutes.

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